

Bodenham Newsletter



September 2012

1st	Table Sale at Parish Hall	15th	Sale of CAP Equipment
2nd	Afternoon Tea at the Hunt Kennels	19th	Travels with a Camera
3rd	Parish Council Meeting	24th	Leisure Club
4th	Gardening Club	25th	Flood Group Meeting
5th	BWg Social Evening	27th	Knit-In
6th	Mothers' Union	28th	BRSG Quiz Night at Parish Hall
10th	Leisure Club	29th	Patronal Day at St Michaels Church
12th	BWg hArt visits	29th	Christian Fellowship Anniversary
12th	Last CAP session	Oct	
13th	BWg to Sapey Golf Club	2nd	Gardening Club
14th	Flicks in the Sticks	3rd	Bodenham Festival Meeting

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St Michael & All Angels' Church Bodenham

Sunday Services for September 2012

Sept 2nd	8.00am 6.00pm	Holy Communion Choral Evensong	(The Revd Heather Short)
Sept 9th	9.30am 6.00pm	Sung Eucharist Evensong	(The Revd Heather Short)
Sept 16th	9.30am 6.00pm	Family Communion Evensong	(The Revd Heather Short)
Sept 23rd	9.30am 6.00pm	Sung Eucharist Evensong	(Preb David Robeerts)
Sept 30th	10.00am 6.00pm	GROUP SERVICE at SUTTON ST NICHOLAS Evensong	

NB: Evensong will normally include hymns and be led by one of the Churchwardens

Fundraising:

A big thank you to all concerned who gave their valuable time and support for the Church Coffee Morning at Siward James on Wednesday 1st August.

A wonderful total of £289 was raised for the church funds.

Liz Davies.

PATRONAL GIFT DAY

29TH SEPTEMBER 2012

10 am to 4 pm

*St. Michael and All Angels Church
Bodenham*

*It is becoming ever more challenging to "balance the books"
to cover the running costs of the church.*

*Please help raise the funds by supporting the
Patronal Gift Day to ensure your church can
continue to be there to serve the needs of the community.*

~~~~~

#### *Bodenham Parish Church Fete:*

*Thelma Butcher and Liz Davies wish to express very sincere thanks  
to everyone who helped in any way to make the Fete on 16th June, such a  
success.*

*A total in excess of £1684 was made.*

*Thanks to all who came to support the event.*

## CHAIRMAN'S REPORT

Sadly, I have to report that Derek Ling has resigned from the Council. Derek's words in the last newsletter so aptly apply to his service with the Council, latterly as Chairman. I would like to thank Derek for all his hard work and commitment that made our Parish a better place in which to live. He will be greatly missed.

This now means that there are two vacancies on the Council, if you would like to serve or nominate someone (with their permission) then please get in touch with Chris Smith. I do promise to try to make the next meeting rather shorter than the August one.

To ensure accurate reporting of meetings, the Council decided to publish unapproved minutes before the date of the next meeting. They will appear on the notice boards and on the village website. If you feel that the minutes do not give a clear impression of the meeting then please get in touch with a Councillor. Please remember that they are not intended to be a verbatim report of the proceedings, merely a summary.

**Bob Clarke, Chairman**

## PARISH MEETINGS

The next meeting of the Parish Council will take place at 7.30pm on Monday 3rd September at the Siward James Centre.

Copies of the agenda are placed in advance on parish notice boards and on the parish website ([www.bodenhamparish.org.uk](http://www.bodenhamparish.org.uk)). Everyone is most welcome to attend and raise any matters of concern during the slot reserved for this purpose. If you prefer you can raise matters in advance by contacting Chris Smith, Parish Clerk, on 01568-797132 or by email at [fork.lightning@gmail.com](mailto:fork.lightning@gmail.com).

Minutes of previous meetings are available on the parish website - [www.bodenhamparish.org.uk](http://www.bodenhamparish.org.uk). A list of meetings for the next 8 months is also on the website.

## PLAYGROUND IMPROVEMENTS

The playground in Bodenham has passed its annual inspection, but, because no new facilities have been added for many years, the Parish Council is looking for ideas for ways to improve the playground for the benefit of the children of Bodenham. A slide is an obvious addition, but what else? Please ask your children and pass on what they say to the Parish Clerk.

## THE PARISH COUNCIL HAS A VACANCY.....

..... following the resignation of Mr Derek Ling. If you would like to serve on the Parish Council or would like to nominate someone, please contact **Chris Smith, Parish Clerk, on 01568-797132 or by email at [fork.lightning@gmail.com](mailto:fork.lightning@gmail.com)** by mid-September.

## THE NORTH HEREFORD HUNT (1).....

.....is holding an Open Afternoon at the kennels in Bowley Lane on Sunday 2nd September from 2-4. All Bodenham residents are invited to come and see how the Hunt works, meet the hounds and the beagles, etc.

## THE NORTH HEREFORD HUNT (2).....

.....walks the hounds at 6.30am, which sometimes results in them meeting early risers in Bodenham, who are out and about. To reduce the problems this sometimes brings, the Hunt would like to start at 5.30am. If you have any thoughts on this, please contact the Parish Clerk.

## A FREE BENCH?

Severn Waste Management has offered 15 free benches to the 25 parish councils in Herefordshire which have a circular walk, as Bodenham does. Bodenham Parish Council intends to apply for a free bench, which must be sited on the circular walk or in the centre of the village. If you have any suggestions for a suitable location for a bench in Bodenham, please contact the Parish Clerk.

## A LITTER PICK....

.....will be held on Saturday 8th September. Volunteers are needed to help make the parish more tidy. Please give a couple of hours of your time. Meet at the Parish Hall at 10.30, where all the necessary equipment and instructions will be given.

## THE PARISH LENGTHSMAN

The parish lengthsmen is available to carry out minor highway work such as clearing ditches, drains and gullies, trimming verges and hedges, and keeping signs clean. If you spot anything which needs attention, please let the Clerk know.

## DID YOU KNOW?.....

.....that **dumping grass cuttings** or other garden rubbish counts as fly-tipping? Bodenham Parish Council has received several complaints recently about grass cuttings and other garden refuse on verges and in gullies. These complaints have been reported to Herefordshire Council, which has taken action on at least one occasion.

## .....about the parish website?

At [www.bodenhamparish.org.uk](http://www.bodenhamparish.org.uk) you can find an absolute wealth of information about Bodenham past, present and future - such as Bodenham history, who to contact, local groups and even Parish Council minutes. Take a look.

## BODENHAM CHRISTIAN FELLOWSHIP

Chapel Lane, Bodenham

### Programme for July and August

|      |         |                                     |
|------|---------|-------------------------------------|
| 2nd  | 9.00am  | Praise and Prayer                   |
| 2nd  | 10.30am | Worship Service - Gerald Jones      |
| 9th  | 10.30am | Worship Service - Mark Hands        |
| 16th | 10.30am | Fellowship Service and Communion    |
| 23rd | 10.30am | Worship Service - Bill Thomas       |
| 30th | 10.30am | Anniversary Service - Paul Timbrell |

**Praise and Prayer on Sundays 2nd September** will be followed by a simple breakfast. Coffee will be served after all services.

**Saturday 29th September:** 25th Anniversary Celebration of Chapel Extension. (see page 7 for details)

**Café @ Chapel** meets every **Thursday morning** - Why not call in for a coffee and chat at any time between 10.30am and 12 noon.

**Midweek Study and Discussion Group** meets on **Thursdays** from 13th September at **7.30 for 7.45pm** in members' homes.

Visitors are welcome to meet with us as we begin a new study of The Sermon on the Mount in Matthew chapters 5, 6 and 7.

Contact Peter Lefroy-Owen for more information.

**Ladies Bible Study at the Chapel at 10am** will begin on Tuesday 2nd October - 'Poverty and Plenty' - Studies in the Book of Ruth. All ladies are very welcome.

Please contact Margaret Seccombe for further details.

**Dates of Fellowship services and events can be found on the**

**Bodenham Website: [www.bodenhamparish.org.uk](http://www.bodenhamparish.org.uk)**

Contact Peter Lefroy-Owen (760580) or

Secretary: Pat Horrigan (797044)

## BODENHAM ROMANIA SUPPORT GROUP

You are all invited to the

**BRSR Annual Quiz**

**on Friday, 28th September**

**at Bodenham Parish Hall**

**at 7.30pm.**

**Teams of 4 - 6,**

**Entrance £6.00 per person**

**to include glass of wine and refreshments.**

**Raffle.**

**Thursdays 27th September.** Knit-In at 7 Ashgrove View from 2 - 4pm. Visitors are always welcome. We don't charge anything and will provide you with wool if needed. We are always grateful for any spare rug or knitting wool. Chairman: Pat Horrigan - 797044

## BODENHAM MOTHERS' UNION

**Thursday 6th September at 10.30am** at 14 Brockington Road. Further details from Pat. Visitors are very welcome.

**Monday 24th September** MU Invitation Day at Kimbolton Village Hall at 10am - 3.30pm. Theme: 'All Good Gifts'.v Branch leader Pat Horrigan (797044)  
Email: [mu@themothersunion.org](mailto:mu@themothersunion.org)

## OPERATION CHRISTMAS CHILD

Leaflets will be available in the village from September explaining the OCC Christmas shoebox appeal. Do take part if you can. Your help last year was much appreciated. Further details available from Pat Horrigan, 797044 or email:

[www.operationchristmaschild.org.uk](http://www.operationchristmaschild.org.uk)

=====

Mary James of Brockington Road  
Would like to express her grateful thanks for the kind messages she received on the death of her husband, Frank. They were a great comfort at this sad time

=====

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## BODENHAM LEISURE CLUB

September

On **Monday the 10th** we shall have the last trip of the programme travelling to Kington Golf Club where we will have lunch.

This is one of the highest Golf Clubs in the country and has extensive views in all directions.

Choices for lunch are Ham, Eggs & Chips at £5.50; Ham & Salad at £5.50 and Fish & Chips at £6.10.

The cost of the coach will be £10.

The coach will leave the Parish Hall at 11.30am.

Following lunch the coach will return by a different route.

If you wish to join the trip please contact Mrs. Pugh (01568 797268) no later than 6th September.

We shall be meeting in the Parish Hall on the **24th September** at 2.30pm for a "Social Afternoon".

This gives us all the chance to catch up and have a chat.

There will be the Bring & Buy Table, Raffle and Light Refreshments.

Visitors welcome at £1 entry.

Advance notice of our meeting on the **8th October** in the Parish Hall at 2.30pm about the "Army Benevolent Fund". This is to be presented by Mrs. Babs Mitchenson with Richard Hackett from the Army Benevolent Fund (ABF) who will present a talk plus a DVD and slide show.

The ABF have kindly offered to donate Raffle prizes and will hand out free gifts.

Tea & Biscuits to be served and entry to visitors will be £1. Please come and support this worthy cause. I know it promises to be very interesting.

Gwenllian Bowden

Secretray/Programme Secretary

Tel. 01568 797868

## James Aston Birch

The family of the late Jim Birch of Brockington Road, Bodenham, who died recently at the age of 94, would like to thank all his friends for their kind messages of sympathy and donations to charity in his memory.

A special thank you to all who attended his memorial service, to the Rev. Michael Land and all those involved at the Church.

Final thanks to Brockington Golf Club who looked after us so beautifully and put on such a marvellous spread; Dad would really have enjoyed that.

We miss you Dad.

R.I.P 2/9/17 - 26/6/12



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Bodenham Womens' Group  
For women from Bodenham and the surrounding areas

## SEPTEMBER

### Wednesday 5th September

Social evening at the chapel

7.30pm -9.30pm

50p donation to rent, tea, coffee and biscuits.

For a chat and discussion of the Autumn/Winter programme

### Wednesday 12th September

**h.Art**

(Herefordshire Art Week 8th to 16th September).

**FREE**

Brochures available at PO.

Meet Parish Hall Car Park at 12 noon to share lifts.

Silverfish Designs, Cradley 74; Blue Ginger Gallery, Cradley 75; Jenny Pearce and Sarah Walker, Canon Frome 76; and Timber Store Gallery Canon Frome 77.

The numbers refer to the brochure and website numbering system (East area). They are close to each other.

Home by 4pm or 5pm.

Tea available at venues.

More details,

<http://h-art.herefordshire.gov.uk/hartvisithart2012.aspx>

Please phone Anita on 01568797929 for details or if you are interested

### Thursday 13 September

Croquet and Crazy Golf with lunch at Sapey Golf Club.

Meet Parish Hall car park at 9.45am. Play 10.30am to 4.00pm (or earlier)

Donation to the Acorns Trust of £3 or more.

Numbers will be restricted to around 20 people.

Inexpensive lunch at the Golf Club (no denim jeans).

Please contact lyn.pollard50@btinternet or

phone her on 01568 797228 for more details and booking.

## NOVEMBER

Sunday 4th November

A 4 star mini break to Chester & Liverpool departing 4th November 2012

Cost £69.99,

4\*\*\*\* Mercure Chester East Hotel.

Organiser Linda Creaton, 01568 797494

## DECEMBER

Tuesday 4th December

10.30am £13

Visit to Abbey-Cwm-Hir Hall

Guided tour of the Hall with its wonderful Christmas decorations and access to the gardens.

See [www.abbeycwmhir.com](http://www.abbeycwmhir.com) for further details.

Lunch optional

Marie-Loiuse Epps 01568797524 or Carolyn Morgan 01568797669

For membership details phone our Treasurer, Anita Griffiths 01568 797929

or any below

Sally Doody-Henshaw 01568 797066

Carol Kirkpatrick 01568 797022

Debbie Mould 01568 797910

Roz Reader 01568 797426

Kath Tremain 01568 797751

Mary Nickols 01568 797144

## LUGG VALLEY FRIENDS CANCER RESEARCH UK

The Committee would like to extend a big thank you to everyone who supported out Ploughmans and Puddings Lunch on the 6th July 2012 at Siward James Centre, which raised £423.00 for CANCER RESEARCH UK.

Our next event will be a COFFEE MORNING at Siward James Centre on Tuesday, 6th NOVEMBER 2012, from 10.00 am to 12.00 noon.

## BRIC-A-BRAC APPEAL

Later this year we will be having our annual stalls in the Butter Market, Hereford to raise money for CANCER RESEARCH UK. Can you help us with any bric-a-brac such as ornaments, glass, china, jewellery, toys, jigsaws, DVD's etc.

Sorry, we cannot accept clothes or furniture.

If you have items to donate, please contact:-

(01568) 797280 (Jenny) or 797557 (Thelma) or any other Committee Member.

Collection can be arranged, if required.

## Bodenham Christian Fellowship 25th Anniversary of Chapel Extension

Saturday 29th September  
14.30 to 18.00

Photographs, displays & presentations on history of Chapel & extension & current activities.

Light refreshments available

18.00 Buffet Meal

19.30 Memories of those involved in extension including:

Paul Timbrell; Rick Morgan; Ray Williams & Peter Hollingsworth.

Sunday 30th September  
10.30 Speaker: Paul Timbrell

## PARISH HALL NEWS

### Parish Hall Management Committee meetings

These are held at least quarterly, usually in the Parish Hall and members of the public are always invited to attend. The next one is on Wednesday 26th September at 7.30pm. Please just turn up or give one of us a ring to chat through what's involved if you are interested in helping in any way. You will be made very welcome.

### Flicks in the Sticks

Forthcoming films for the new season are as follows

**On Friday 14th September** The Best Exotic Marigold Hotel with Judi Dench, Bill Nighy, Tom Wilkinson, Maggie Smith and others. Needs no further introduction!!

**On Friday 12th October** The Artist which is a 2011 French romantic comedy-drama film in the style of a black-and-white silent film.

**On Friday 9th November** Salmon Fishing in the Yemen which is a 2011 British romantic comedy-drama film, starring Ewan McGregor, Emily Blunt, Kristin Scott Thomas and Amr Waked.

**On Friday 14th December** Hugo, a 2011 American historical adventure drama film based on the novel about a boy who lives alone in a Paris railway station. Why not put the dates in your diary now?

### Produce Market and Table Sale.

See separate poster elsewhere in the newsletter. Garden produce has been slow to get going this year because of the appalling weather conditions but there's always a chance of picking up something fresh at a good price. Also there may be bargains and surprises in the 'unwanted but pre-loved' section. If you want to sell some of your own white elephants, and let's face it, we've all got a few of those, then bring them along and set up your own stall. Always good for a chat and catch up too. It's the first and third Saturdays in September and October.

## 100 CLUB WINNERS

Congratulations to  
JULY

|            |                |
|------------|----------------|
| 1st £34.80 | Steve Lavender |
| 2nd £17.40 | Roger Austin   |
| 3rd £5.80  | Kathy Tremain  |

AUGUST

|            |            |
|------------|------------|
| 1st £34.80 | Pat Crane  |
| 2nd £17.40 | Ann Graham |
| 3rd £5.80  | Ian Linton |

We now have 116 members. I am delighted to report that everyone renewed and several people increased their 'holding' from one number to two. If you would like to have a number, costing £6 for the remaining six months of the year then contact me, Mary Nickols on 01568797144, The Forge, (by Bodenham bridge) and I will arrange it for you. Exactly half the income will be paid out in prizes regardless of how many people take part. Go on, have a go! The next draws, for September and October, will be held at Gardening Club on Tuesday 2nd October.

### The Kitchen

Present estimates for the work are being considered and we are hoping to get a grant to help us.

Hourly Rate

- Main Hall £9.50 (Minimum Charge £12.00)
- Committee Room £5.00 (Minimum Charge £6.00)
- Stage Only £5.00 (Minimum Charge £5.50)
- Store/Back Room £8.00 (per evening)
- Party/Dance/Disco £120.00 (£100 deposit)
- Concerts/Musical Evenings £60.00
- Quiz Nights £30.00
- Bingo £30.00
- Children's Party (Under 14 years' old) £25.00
- Jumble Sale £45.00
- Weddings Afternoon Only (Clear by 6.00 p.m.) £150.00,
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You can also sign up there to receive the enewsletter at any time and have it delivered to your inbox, promptly every month.

# Table Sale

## Produce Market



10am to 11.30am



Bodenham Parish Hall

1<sup>st</sup> & 3<sup>rd</sup> Saturdays in Sept and Oct

**ENTRY FREE, LOTS OF BARGAINS**

Sellers: arrive from 9.40am. Anything..... Unwanted items, garden produce, preserves, greetings cards, woodwork, baking, sewing or just anything!! Sellers asked to donate around 10% (ie 10 pence in the pound) of their takings up to a maximum of £10 towards Hall rent

If you wish to donate items and not stand there and sell it, you can give it to the 'Hall Table'. Queries, phone Mary Nickols 01568 797144

**PLEASE COME ALONG TO SUPPORT THIS EVENT**

### Bodenham Parish Hall Regular Activities Schedule

#### Clubs & Societies

| Club                 | Meets                                                                     | Contact                                   |
|----------------------|---------------------------------------------------------------------------|-------------------------------------------|
| Leisure Club         | Monthly on the 2 <sup>nd</sup> and 4 <sup>th</sup> Mondays, 2.30 - 4 pm . | Secretary - Gwenllian Bowden 01568 797868 |
| Gardening Club       | Monthly on the 1 <sup>st</sup> Tuesday, 7.30 pm .                         | David Griffiths - 01568 797427            |
| Sequence Dance       | Monthly on the last Saturday, 8 pm .                                      | Mrs Potter - 01432 880373                 |
| Flicks in the Sticks | Sep-Apr; One Friday each month, 7.30 pm .                                 | Chris James - 01568 797451                |

#### The Week's Regulars

| Day       | Activity                                                                    | Contact                                                                                                 |
|-----------|-----------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|
| Monday    | Tai Chi 10.00-11.30am (TT)<br>Keep Fit, Body Tone, Aerobics & 6.30-7.30pm . | Julian Kemp 01568 614468<br>Emma Caldwell 01568 797210, 07971009691                                     |
| Tuesday   | Pilates 6-7 pm .<br>Airgun Club 8 pm .                                      | Jennifer Grumbley 01568 797395<br>Ian Linton 01568 797375                                               |
| Wednesday | Tai Chi 9.30-11.00am (TT).<br>Yoga 6.00-7.30pm(TT)<br>Badminton 8 pm .      | Julian Kemp 01568 614468<br>Fiona Hawkins 01432 860270<br>Rob Parker 01568 797091                       |
| Thursday  | Bellydancing 7 - 8.00 pm<br>and 8 - 9.30 pm                                 | Abbie Mason 07962161081<br>Email alanya@alanyabellydance.com<br>Website: www.alanyabellydancer.webs.com |
| Friday    | Pilates 10-11am .                                                           | Jennifer Grumbley 01568 797395                                                                          |

(TT): term time only



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**Glyn's Car Valet Service**



Everyone is invited to a meeting about:

## Bodenham Festival 2013

On Wed 3rd Oct 8pm  
Bodenham Parish Hall

- When? 3rd to 12th May 2013
- Where? All over Bodenham
- Who for? Anyone and everyone inside and outside the village
- What? Film, walking, music, dance, crafts, sport, childrens' activities, food, theatre, wacky races and/or anything else you can think of.
- Who will organise? Lots of people sharing work
- Why? Enjoyment / fun, to put us on the map, to focus the community on a diverse group of activities, to share what we already do as a village with the wider community, allowing different organisations to raise money from outside and from within the village and finally to help us all pull together.

Mary Nickols 01568-797144

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### BODENHAM BOWLING CLUB

I write this after a glorious day for members, family and friends of the club.

Men's and ladies' finals were played followed by a BBQ and we were all able to sit outside and enjoy the wather. Thank you to anyone who contributed to the day's success.

Usually, around 40 people attend the BBQ, but this year nearer to 80 came and I feel sure everyone had plenty to eat and drink and enjoyed good company.

The outdoor season is drawing to a close - our last home friendly being played on 18th August. We have 3 away friendlies left to play and club evenings on Wednesdays at the green, Siward James - 18.15 for prompt 18.30 start.

The AGM is polanned for 14.00 on **Sunday 28th October** followed, as last year, by cheese, etc.

The annual dinner will take place this year at the Merton Hotel on Friday, 16th November.

Enjoy the rest of the season.

Barbara Gibson, (Secretary)

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7.30pm until 9pm (approx)

Admission £2.50 in aid of Hope Carriers Trust  
(unless stated)

Wednesday 19th September – “A look back at 2011”  
Part 3

Wednesday 3rd October – “8 Days in Switzerland” –  
presented by Brian Skinner

Light Refreshments provided

## St Michael's Hospice needs your support

The next event on the Hospice calendar is the Venus Challenge, the women only 10k midnight walk on 14th September. Online entries for Venus Challenge are now open and for the first time girls over the age of 12 can take part too. Visit [bit.ly/Venus12](http://bit.ly/Venus12) for more information.

Every single penny you donate to the Hospice stays in Herefordshire directly for the benefit of local people. It doesn't get added to a national pot which is spent around the UK; it helps the Hospice provide specialist services to patients, their families and friends at one of their greatest times of need.  
Thank you for your continued support.

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### BODENHAM GARDENING CLUB

#### SEPTEMBER 4TH

Plant Propagation with Hilary Twigg

#### OCTOBER 2ND

This will include the AGM where membership is up for renewal at £10 for the year.

The evening will include a quiz and cheese and wine.

New Members are always welcome. Meetings include a sales table and refreshments.

Jacqui Price

### BODENHAM MANOR g HALLOWEEN HAUNTED HOUSE AN EVENT FOR ALL AGES

e  
SUNDAY 28TH OCTOBER  
GATES OPEN AT 4.30PM

m  
Come and explore the house and grounds of Bodenheim Manor at the spookiest time of the year.

Find out about the history of Bodenheim as the Halloween tale unfolds

The adventure trail will leave the front lawn at 5pm and finish in the haunted manor house.

The woods and track might be muddy so bring wellies

The event is free.

The bar will be open for drinks and snacks.

#### Bodenham CAP

Due to lack of support and family commitments, Bodenham Community Access Point will cease to exist from 12th September 2012.

This will be the last Wednesday evening session.

On Saturday, 15th September at 1pm we will be holding a sale of equipment etc.

Tea and coffee will be available and all the proceeds will be donated to Community Charities.



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A Local Home Care Agency registered with the Care Quality Commission and Herefordshire Council to provide the highest standards of Care in the local community. Our Care Staff are trained to Diploma qualification status in Health & Social Care, to support elderly and vulnerable people with daily living tasks. Care is delivered with dignity and care, allowing you to continue living an independent and fulfilled life in your own home. A trained Carer can take the pressure off family members, who need respite cover. Come and talk to us about our Care Support services. We are based near the Leominster Library. Below are some of the Care Support Services we are able to offer:-

- Personal Hygiene Care for the elderly – undertaken with dignity at all times, including bathing support.
- Domestic duties, including laundry and ironing
- Hospital Discharge support to get you back on your feet.
- Assistance with fresh Meal Preparation
- Morning getting up assistance and Bedtime support.
- Care Visits reduce the loneliness for the Elderly
- Sleeping & Waking Nights Service
- Palliative Care/End of Life Support for Terminally ill and reassuring support for their family
- Shopping and Prescription Collection Service
- Respite Cover to support Main Carer
- Walk the dog and feed the pets if necessary.
- Trained friendly staff to offer reassuring support.

Please come and talk to us, if you do not see the care service you require listed above.

Call Tara or Helen on **01568-620129** at **Abelia Care Services Ltd** for further information on any of our Care Services - or come and visit us at the offices near the Leominster Library Monday to Friday

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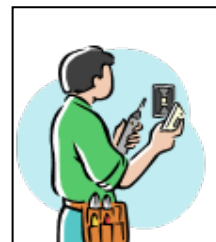
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## BODENHAM RAMBLERS WALKS 2012

All walks start at 10am unless otherwise stated.  
Any queries about walks please contact the leaders.  
**BRING PACKED LUNCH FOR SEPTEMBER WALKS**

| Date          | Description                                                                                              | Miles | Start                                                                                            | Grid Ref       | Leaders                        |
|---------------|----------------------------------------------------------------------------------------------------------|-------|--------------------------------------------------------------------------------------------------|----------------|--------------------------------|
| Wed 5th Sept  | Walk from and around Kington. One easy uphill climb onto Hergest Ridge. 3 styles. Moderate               | 6.5   | Kington CP Mill Street (Fee)                                                                     | OS 201 297566  | Jean Mills<br>01568 616949     |
| Sun 16th Sept | Rhydspence to Milton Hill & back. Field paths, lanes & drove roads. Mostly uphill before lunch. Moderate | 6.5   | Park in small lay-bys on lane behind Rhydspence Inn NOT in pub CP                                | Exp 201 243473 | Jim & Joan<br>01432 268268     |
| Wed 26th Sept | Newton St Margarets. Afternoon tea on Ron. Moderate through Vale of Dulas                                | 6.5   | Upper Newton Farm. John & Mary Powell                                                            | OL 13 334330   | Ron Munden<br>01432 272716     |
| Sun 7th Oct   | Craven Arms, Stokesay, Onibury, Aldon 2 Hills. 1 mile lane                                               | 7.5   | Secret Hills Car Park Craven Arms – no pub – suggest packed lunch. Picnic tables at Secret Hills | OS 217 434828  | Jim & Joan<br>01432 268268     |
| Wed 17th Oct  | Lyons hall, Holme Marsh, Pennsylvania. Moderate                                                          | 5     | Royal George Inn Lyons hall                                                                      | Exp 201 337556 | Dave & Wendy<br>01568 797659   |
| Sun 28th Oct  | Pembridge/Eardisland Fields/Country Roads Few Stiles. No climbs                                          | 5     | Public Car Park (Free) Behind Kings House Inn Pembridge (Sun lunch)                              | SO 392583      | Brenda & Doris<br>01568 797035 |

For details of the Bodenham Ramblers please contact the Chairman, Eddie Phillips on 01432 266994.

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For information about the village its history and the Parish Council visit the village website:

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For more about events around the village visit the newsletter website

[www.bodenhamnewsletter.co.uk](http://www.bodenhamnewsletter.co.uk)



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Mixed- Thursdays at 7.00pm.

Please contact Dave Marriott  
(01568-797558) for details  
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Junior coaching , from Tennis Hereford  
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Steve Barnett (07814-534998) for details .

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Deputy Operations Manager: Mr Robin George

Secretary: Mrs Babs Mitcheson 797170

### The Moor:

The Moor Road: Mr Tony Clark: 797943

Orchard Close: Mr Graham Price : 797621

Chapel Lane: Mr Robert Pritchard: 797428

Brockington Road (2 -31& 35): Mr Simon Dowler: 797363

Brockington Road (1, 32-34, 36 - 42A): Mrs Rebecca Burnill 797823

Brockington Road (43- 54): Mrs Gwen Bowden: 797868

Siward James: Mrs Iris Evans 797412

Ash Grove Close: Mrs Jean Fryer: 797338

Ash Grove View: Mr David Harris: 797575

Millcroft Road: Mrs Barbara Gibson : 797643

### Bodenham Village:

Bridge to War Memorial:

The Forge: Mr Simon Nickols: 797144

Church and Bodenham Village:

Mr David Ayshford Sanford: 797549

Mr Mike Mullenger: 797199

**Meetings are open to ALL MEMBERS OF THE PUBLIC**

All Meetings, unless otherwise notified will be held on the last Tuesday  
of the month at Siward James Centre starting at 7.30 pm

**This Month's meeting - September 25th**

If you are unable to attend or have points which you would like to be raised at the meeting, please  
contact the Secretary Mrs Babs Mitcheson 797170

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### Busy Bees Pre-School in Wellington is now open all week

Busy Bees opens 9am to 3pm Monday to Friday in term time and welcomes 2-5 year olds from Wellington and surrounding areas. We have spaces in several of the sessions, and children can join at any point in the term. Activities, which often follow a seasonal theme, include outdoor play; craft activity; dressing up; stories; painting; drawing; model building; large toys; sand pit; messy play; woodland walks.

- Outdoor classroom area – new in 2011
- Well qualified staff
- Close links with Wellington School
- Childcare Vouchers accepted
- Sharing diaries to support parental involvement
- Active committee
- Termly outings to attractions (farm; safari park etc)



*A warm and friendly environment. – Ofsted 2011*

*Children...obviously enjoy their time at the setting. – Ofsted 2011*

*I love Busy Bees because I play, play, eat, eat and then draw or do dressing up. – Child*  
*I am so pleased to have found Busy Bees. Both my girls love attending and are even disappointed when it's the weekend because it's closed. – Parent*

Please call Clare Bowcott, Pre-School Supervisor, on 01432 839177 for further information or to arrange a visit. Busy Bees Pre-School, Wellington Hereford Herefordshire, HR4 8AZ

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Mondays 8pm - 9pm.  
At Sutton St Nicholas Village Hall.

~~~~~

Pre book, Emma Caldwell 07971009691 or 01568 797107.

From the Editor,

Well, they say if you can't be a good example you can be a warning! So here goes with the shameful truth. The computer problem that dogged me for nearly 3 months early in the summer, wasn't a virus or a major fault, it was dust! So much dust that it had stopped the cooling fan in the computer and the poor thing was too hot! Now in my defence, there was no visible dust on it or in the vents and it didn't feel hot when running but when Adam paid a visit home and took it to pieces for me - horror the fan was clogged. Yuk! Anyway it's clean and happy now - for the moment!

One good result of the whole sorry business is the new newsletter website, built on the domain name that served for signing up to the enewsletter: www.bodenhamnewsletter.co.uk

It has all the news from the newsletter and a business directory for advertisers, but there will be more room for news and views. You can comment on articles or submit articles or photographs for inclusion. Please pay a visit and let me know what you think.

There's a facebook page too so if you're on facebook pay a visit, search Bodenham newsletter or go to www.facebook.com/bodenhamnewsletter

Please give us a 'Like' while you're there - we're collecting them and when we get 30 we get some secrets from facebook (!), and we're nearly there!

The deadline for the October newsletter is 18th September, very early or late contributions may go straight onto the website.

Contact me: susan@bodenhamnewsletter.co.uk or orchardthings@hotmail.co.uk
Tel: 01568 797872 mail: 1 Orchard Bungalow, Bodenham, HR1 3JS

Susan Haworth (Editor)

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