

# Bodenham Newsletter



## July & August 2015

July		28th	Flood Group Meeting
2nd	Mothers' Union	Aug	
6th	Parish Council Meeting	3rd	Parish Council Meeting
7th	Gardening Club	4th	Gardening Club
8th	Parish Hall Meeting	15th	Gardening Club Annual Show
11th	Table Top Sale	16th	Bowling Club Hog Roast
13th	Leisure Club	25th	Flood Group Meeting
25th	3 Parishes Sponsored Walk		
27th	Leisure Club		

Contents	Page		Page
Church	2	Pre-school	10
Parish Council	3 & 4	Bowling Club	13
District Councillors Report	4	Guides	14
Christian Fellowship	4	Advertiser Rates	16
Mothers' Union	4	Bodenham Women's Group	16
Leisure Club	5	School News	17
BRSG	5	Newsletter Details	21
Gardening Club	5	Defibrillator Instructions	21
Parish Hall	7		
Flood Group	8		
Lugg Valley Friends	9		
Ramblers	10		
Star Tots	10		

## St Michael & All Angels' Church, Bodenham

Dear Friends,

As I write this we are approaching the Summer Solstice, the day that has the longest period of daylight. Through the ages this day has been celebrated in all sorts of ways, with festivals and holidays, and most gloriously commemorated in Shakespeare's play A Midsummer Night's Dream.

*"I know a bank where the wild thyme blows,  
Where oxlips and the nodding violet grows,  
Quite over-canopied with luscious woodbine,  
With sweet musk-roses and with eglantine."*

William Shakespeare, A Midsummer Night's Dream, Oberon, Act 2 scene 1

The flowers and plants of Shakespeare's childhood, recalled in his play, still bloom and blossom on banks and hedgerows. Summer days are days for reflection, days for slowing down, holidays and pleasant evenings in the garden. In our Bible we have Jesus words asking us to come away with him to a quiet place to rest, he asks us also to lay our burdens on him and he will give us rest. Summer months are a good time for us to listen to Jesus, to take a rest and look again at the world around us to find God in every place.

*Where the mist rises from the sea,  
Where the waves creep upon the shore,  
Where the wrack lifts upon the strand,  
I have seen the Lord.*

*Where the sun awakens the day,  
Where the road winds on its way,  
Where the fields are sweet with hay,  
I have seen the Lord.*

*Where the stars shine in the sky,  
Where the streets so peaceful lie,  
Where the darkness is so nigh,  
I have seen the Lord.*

*The Lord is here, the Lord is there,  
The Lord is everywhere.  
The Lord is high, the Lord is low,  
The Lord is on the path I go.* David Adam

Whether our travels take us far away, or just a few steps from home, we can enjoy the sounds and sights of summer, and see the power of Creation and the glory of God revealed in the world about us.

Yours in Christ,

Heather

### St Michael & All Angels' Church, Bodenham SUNDAY SERVICES JULY & AUGUST 2015

July 5th	8.00am	Holy Communion (The Revd Heather Short)
	6.00pm	Evensong
July 12th	9.30am	Sung Eucharist (The Revd Heather Short)
July 19th	9.30am	Family Communion (The Revd Heather Short)
	6.00pm	Evensong
July 26th	9.30am	Morning Prayer (Speaker: Tony Smith)
Aug 2nd	8.00am	Holy Communion (The Revd Heather Short)
	6.00pm	Evensong
Aug 9th	10.00am	Sung Eucharist (Preb David Roberts)
Aug 16th	No Morning Service 6.00pm	Evensong

Aug 23rd 9.30am Sung Eucharist  
(The Revd Alison Leigh)

Aug 30th 11.00am JOINT DEANERY SERVICE at  
WOOLHOPE VILLAGE HALL  
Everyone is welcome – please bring a picnic lunch and  
enjoy the morning.

NB: Evensong will normally include hymns and be led by  
one of the Churchwardens.

### HOLY COMMUNION AT SIWARD JAMES

There will be celebrations of Holy Communion at  
Siward James on  
Friday, July 31st and Friday, August 28th,  
both at 11.00am.  
All are welcome to attend.

## PARISH COUNCIL NEWS

### The new Parish Council

Since the new Parish Council was formed at the Annual Parish Council meeting on 11th May, Cllr Les Herbert was co-opted, which makes the membership of the Parish Council complete. A list of the ten councillors and their contact details appears below.

### Trees

Recent high winds brought down a tree on the village green and a large branch near to Bodenham Manor. Residents are requested to inspect any trees on their property.

### Planning applications

The Parish Council considered the following planning application:

\* **151564:** The Hollies: Proposed extension. No objection was made to this application.

\* **151246:** Land to the Rear of Newton House. No objection was made to this application, subject to certain environmental and other constraints being considered, which are listed on the Herefordshire Council website.

### Bodenham Surgery

Some residents in Bodenham have received letters offering a postal prescription service. These letters have not come from The Marches Surgery, which offers a full prescription service.

### Parish meetings

The next meeting of the Parish Council will take place at 7.30pm **Mondays 6th July, 3rd August and 7th September** at the Siward James Centre. Copies of the agenda and draft minutes of the previous meetings are placed in advance on parish notice boards and on the parish website ([www.bodenhamparish.org.uk](http://www.bodenhamparish.org.uk)). Everyone is most welcome to attend and raise any matters of concern during the slot reserved for this purpose. If you prefer, you can raise matters in advance by contacting Chris Smith, Parish Clerk, on 01568-797132 or by email at [bodenhampcclerk@gmail.com](mailto:bodenhampcclerk@gmail.com).

### The parish website.....

..... is continually updated. Find the latest news on the Bodenham Neighbourhood Plan there. The Home page now shows a list of future events in chronological order, as well as the latest notices, addresses to go to find out about Bodenham past, present and future, local news and crime prevention alerts.

[www.bodenhamparish.org.uk](http://www.bodenhamparish.org.uk)

is the website address. You can also find the Bodenham Newsletter there.

### Herefordshire Councillor's Report

Now the excitement of the recent elections has died down, it's back to work for the 53 Herefordshire Councillors.

You will be aware that the Conservatives are the majority party and have elected the Leader of the Council, the Chairman and the Cabinet, but members of other Groups have all been appointed to the numerous council committees and outside bodies.

I've been selected to sit on the Planning Committee and the Regulatory Committee and appointed to the Hereford & Worcester Fire and Rescue Authority. Council rules stipulate that members of the planning committee can't vote or take part in determining applications that fall in their Ward, but they have the right to speak at the planning committee, either for or against the application.

The regulatory committee meets as required to determine the myriad of licensing applications and has the additional responsibilities for trading standards and health and safety matters etc. Ward Councillors are also expected to attend meetings of the various Parish Councils (there are 7 in Hampton Ward) and I hope to visit all of them during the coming months.

Finally, I fully understand the unease experienced by some residents living in the new areas of Hampton Ward who feel they were not properly informed of the changes imposed by the Boundary and Electoral Commissions, but I'm determined to be a visible presence in the Ward and to carry on where the previous Councillors left off.

I'm always available to answer your questions or concerns, either directly or through your Parish Council, at any time.

Bruce Baker  
District Councillor  
Hampton Ward

## BODENHAM PARISH COUNCIL 2015-16

Cllr Roger Austin	austin_rj@hotmail.com	01568 797994
Cllr Alec Avery,	shalec50@gmail.com	01568 797744
Cllr Jamie Booth	pedalyourcycle@me.com	
Cllr Bob Clarke	rwc@steppes.plus.com	01568 797670
Cllr Stan Davis		01568 797546
Cllr Les Herbert	lesann@mypostoffice.co.uk	01568 797571
Cllr Dennis Jackson	dennisjackson647@btinternet.com	01568 797404
Cllr Pam James-Moore	pamelajamesmoore@btinternet.com	01568 797330
Cllr Tony Mitcheson	BabsMitcheson@aol.com	01568 797170
Cllr Jeffrey Pollard	jeffpollarddecorating@gmail.com	01568 797228

(Cllr James-Moore is the chairman: Cllr Clarke is the vice-chairman).

Chris Smith (Parish Clerk) bodenhampcclerk@gmail.com 01568 797132  
 Cllr Bruce Baker is the Herefordshire Councillor for the Hampton Court ward.  
 (bruce.Baker@herefordshire.gov.uk)

## BODENHAM CHRISTIAN FELLOWSHIP

(Chapel Lane, Bodenham)

### Services for July

5th	9.00am	Praise and Prayer
5th	10.30am	Worship Service - Stan Marshall
12th	10.30am	Fellowship Service and Communion
19th	10.30am	Worship Service - Paul Jones
26th	10.30a.	Worship Service - Mike Wilkinson

During August Services will be led by Fellowship Members.

**Praise and Prayer on Sunday 5th July** will be followed by a simple breakfast. Coffee will be served after all services.

**Cafe @ Chapel** meets every **Thursday** morning. Why not call in for a coffee and a chat at any time between 10.30am and 12 noon.

### Midweek Study and Discussion Group

**Thursdays during July**, 7.30pm at the Chapel. We continue studies on Christian Healing. No meetings during August.

For more information contact Peter Lefroy-Owen.

**Ladies Bible Study - No meetings during July, August and September.** New studies will be held at the Chapel from October.

Please contact Margaret Seccombe (797094) for further details.

Bodenham Christian Fellowship:  
 Contact Peter Lefroy-Owen (760580)  
 Secretary: Pat Horrigan (797044)

## BODENHAM MOTHERS' UNION

**Thursday 2nd July 10.30 am** at 14 Brockington Road - 'More favourite hymns' (including Quiz) with Tony Smith. Visitors are very welcome.

**No Bodenham Mothers' Union meeting will be held during August.**

**Branch leader: Pat Horrigan**

**Email: mu@themothersunion.org**

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### BODENHAM ROMANIA SUPPORT GROUP

**Monday, 20th July at 7.30pm** BRSG Annual Meeting at 14 Brockington Road, followed by members' Meeting. Visitors are very welcome.

**Knit-Ins** are planned for **Thursdays 23rd July and 20th August** at 14 Brockington Road. Visitors are always welcome, but please check dates if you plan to come.

Chairman: Pat Horrigan (797044)

### GARDENING CLUB

**July 7th.** Summer Party. Ticket only. Start 7pm.

**August 4th.** Murder, Magic and Plant Potions in your garden Marion Stainton

**August 15th.** The 33rd Annual Show

### ADVANCED PUBLICITY:

**THE LIFE AND TIMES OF A GARDENER  
CHRISTINE WALKDEN T.V. GARDENER**

**BODENHAM PARISH HALL  
TUESDAY OCTOBER 6th 2015 @ 7.30pm for  
7.45pm  
TICKETS £14.00  
CONTACT: MRS A GRIFFITHS  
TO RESERVE TICKETS  
01568 797929**

### BODENHAM LEISURE CLUB

**July 13th** Annual coach trip will be to Porthcawl, leaving the Parish Hall at 9.30 am. before stopping at Ash Grove Road and the Moor to pick up

This trip is for members and non member and we invite anyone who wishes to join for the day to come along, please bring the family young and old!

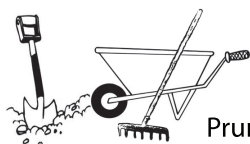
Hopefully we will all be able to enjoy a lovely seaside trip.

Please phone Dorothy Pugh 01569 797268 for information and to reserve a place.

**July 27th** This meeting will be at 1pm as we will be having Lunch that day. Always enjoyed by all.

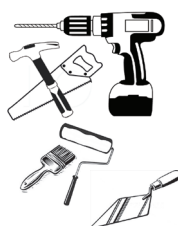
**Nan Murdoch 707595**

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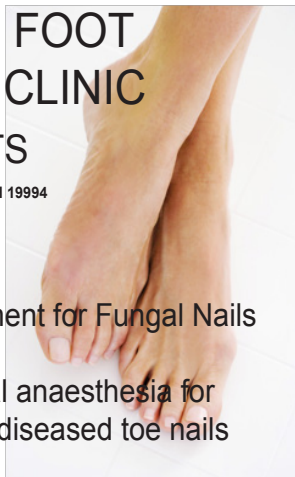
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## PARISH HALL NEWS

### TOP TITLES for the new season flicks

**Starting 11th September** - with the Second Best Marigold Hotel followed by

**16th October** - 100ft Journey get theses dates on your calendars now to avoid double booking disappointment.

**In other news** we are still looking for a treasurer to join the Parish Hall Committee. Please Please consider if YOU could be the person we are looking for to count our pennies, if you think you might be then PLEASE PLEASE call Robin on 797836.

**Reminder that your 100 renews are due now , so please make sure you have sent your monies to Robert.**

### MAY 2015:

**1st. - No. 110 - Marianne Percival**

**2nd. - No. 107 - Bob Clarke**

**3rd. - No. 63 - Barbara Gibson**

### JUNE 2015:

**1st. - No. 58 - Marianne Percival**

**2nd. - No. 44 - Margaret Hughes**

**3rd. - No. 64 - Margaret Minchin**

The Parish Hall Management committee's next meeting will be our AGM on **Wednesday 8th July at 7.30** if you would like to receive a copy of the agenda please email **Laurajones10@hotmail.com**

Parish Hall Management Committee:

<i>Robin Knott</i>	<i>Chair</i>	<i>01568 797835</i>
<i>Gwenllian Bowden</i>	<i>Secretary</i>	<i>797868</i>
<i>Bob Clarke</i>	<i>Treasurer</i>	<i>797670</i>
<i>Ian Linton</i>	<i>Vice-Chair</i>	<i>797375</i>
<i>Laura Marsh</i>	<i>Mins Secretary</i>	<i>797529</i>
<i>Ida Knott</i>	<i>Bookings Sec</i>	<i>797333</i>
<i>Linda Creaton</i>	<i>Flicks</i>	<i>797473</i>
<i>Robert Parker</i>	<i>100 Club</i>	<i>797091</i>
<i>Margaret Hughes</i>		<i>797285</i>
<i>Roz Reader</i>		<i>797246</i>
<i>Jeff Pollard</i>		<i>797228</i>

**To Book the Parish Hall, please ring  
Ida on 01568 797333**

7

Club	Meets	Contact
Leisure Club	Monthly on the 2nd and 4th Mondays 2.30 - 4pm	Gwenllian Bowden - Secretary 01568 797868
Gardening Club	Monthly on the 1st Tuesday 7.30pm	David Griffiths 01568 797427
Flicks in the Sticks	Sept - April 2nd Friday 7.30pm	Linda Creaton 01568 797473

Weekly	Activity	Contact
Mondays	Tai Chi 10 - 11.30am (TT)  Body Toning conditioning Class 6.30 - 7.30pm  Glow-With-Figure-Fitness 8pm	Julian Kemp 01568 614468  Emma Caldwell 01568 797107 07971009691 ejcaldwell@hotmail.co.uk annebliss@btconnect.com 01568 760860
Tuesdays	Pilates 6 - 7pm  Airgun Club	Emma Caldwell (as above) Ian Linton 01568 797375
Wednesdays	Tai Chi 9.30 - 11am (TT) Yoga 6 - 7.30pm (TT) Badminton 8pm	Julian Kemp (as above) Fiona Hawkins 01432 860270 Rob Parker 01568 797091
Thursdays	Belly Dancing 7- 8pm & 8 - 9.30pm	Abby Mason 07962 161081 alanya@alanyabellydance.com
Fridays	Over 50s Exercise 9 -10am  Pilates	Miranda Davies 01432 830675  Emma Caldwell (see above)

### Hourly Rates

Main Hall £9.50 (minimum charge £12)  
Committee Room £5.00 (minimum charge £6)  
Stage Only £5.00 (minimum charge 5.50)

Store/Back Room £8.00 per Evening  
Party/Dance/Disco £120.00 (£100 deposit)  
Concert/Musical Evening £60.00  
Quiz Night £30.00  
Bingo £30.00  
Children's Party (under 14 years) £25.00  
Jumble Sale £45.00  
Wedding Afternoon Only - £150.00  
(Clear by 6pm)  
All Day £200.00

## **BODENHAM FLOOD PROTECTION GROUP**

Chairman: Cllr Tony Mitcheson  
 Treasurer: Mrs Babs Mitcheson  
 Operations Manager: Cllr Tony Mitcheson  
 Secretary: Mrs Babs Mitcheson

### **The Moor:**

The Moor Road: Mr Tony Clark: 797943  
 Orchard Close/Chapel Lane: Mr Robert Pritchard: 797428  
 Brockington Road (2 -31& 35): Mr Simon Dowler: 797363  
 Brockington Road (1, 32-34, 36 – 42A): Mrs Rebecca Burnill: 797823  
 Brockington Road (43- 54): Mrs Gwen Bowden: 797868  
 Siward James: The Warden : 797412  
 Ash Grove Close: Mrs Jean Fryer: 797338  
 Ash Grove View: Mr David Harris: 797575  
 Ash Grove View: Cllr Alec Avery: 797744  
 Millcroft Road: Miss Barbara Gibson: 797643

### **Bodenham Village:**

Bridge to War Memorial:  
 Mr Mike Mullenger: 797199  
 Church and Bodenham Village:  
 Mr David Ayshford Sanford: 797549

### **Maund Bryan:**

Mr Philip Broomhead 797167

### **Meetings are open to ALL MEMBERS OF THE PUBLIC**

All Meetings, unless otherwise notified will be held on the last Tuesday of the month at Siward James Centre starting at 7.30 pm

Summer Meetings:  
 July 28<sup>th</sup>  
 August 25<sup>th</sup> - AGM

If you are unable to attend or have points which you would like to be raised at the meetings, please contact the Secretary, Mrs Babs Mitcheson on 797170  
 Or by email at [BabsMitcheson@aol.com](mailto:BabsMitcheson@aol.com)

Meeting dates will also be posted on the Parish Website.

## **BODENHAM FLOOD PROTECTION GROUP**

### **Bodenham Sandbag Cages Key Holder List**

All the sandbags in the cages in the village have now been replenished. Should you need access to them in an emergency, please note the BFPG Area Representative closest to your holding cage and their contact details. If you are unable to contact your Area Representative then please ring the Spare Key Holders listed below.

Name	Area Rep
Bob Pritchard 01568 797428	Chapel Lane/ Orchard Close
Mike Stephens 01568 797816 07779 407605	Chapel Lane/ Orchard Close
Anthony Giampalma 07970 285020	Parish Hall
Mike Mullenger 01568 797199	Bodenham School Car Park
Tony Mitcheson Chairman 01568 797170	Spare Key
Babs Mitcheson Secretary 01568 797170	Spare Key
The Warden 01568 797412	Siward James
Tony Clark 01568 797943	Spare Key

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## LUGG VALLEY FRIENDS - CANCER RESEARCH UK

### AUTUMN / WINTER 2015

Friday, 9th October : Autumn Fashion Show by Wyestyles at Parish Hall, Bodenham  
Tuesday, 3rd November : Coffee Morning at Siward James Centre, Bodenham  
Friday, 4th December : Christmas Bingo at Parish Hall, Bodenham



### Are you interested in becoming a Volunteer Driver?

Community Wheels provides a transport service for Herefordshire, providing a door-to-door transport for people who do not have access to a car and are unable to use public transport due to mobility difficulties or because of the non-availability of the service.

Now into its 30th year and due to the on-going success of Community Wheels we are in need of new volunteer drivers!

Our drivers use their own cars and the hours are completely flexible. We will reimburse you to help cover the running cost of your vehicle.

**Call Sarah on 01568 617722 / 01432 343932 to discuss becoming a volunteer driver.**



## arts alive

### We need your help!

Thanks to Arts Alive and Rural Touring, we have been able to provide excellent music, comedy and drama in Bodenham Parish Hall for the past couple of years.

However, this has been achieved by a very small number of volunteers who have worked extremely hard. To make these events even more enjoyable, we need three or four more people to help with setting up the hall and providing cover for house stewards, bar, tickets and raffle. In return, you get to see superb entertainment for free and probably the odd drink!

**Our next event is on Sat 19<sup>th</sup> September. We will be delighted to hear from you if you are interested in helping. Please call Dennis Jackson on 01568 797404 or email dennisjackson647@btinternet.com**

## BODENHAM RAMBLERS SUMMER WALKS 2015

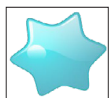
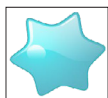
All walks to start at 10am unless otherwise stated.

Any queries about walks please contact leaders

PLEASE BRING A PACKED LUNCH

DATE	Description	Miles	Start	GR	Leaders
<b>Sunday 5<sup>th</sup> July</b>	Lanes, fields and river. Good views moderate	6/7	Wyevale Garden Centre Kings Acre Road. Park at far end of car park	OS 189 472416	Wendy & Ray 01432 272031
<b>Wed 15<sup>th</sup> July</b>	Presteigne/Stapleton. Good views, lanes, River Lugg	6	Presteigne Police Station	Exp 201 315644	Jean Mills 01568 616949
<b>Sunday 26<sup>th</sup> July</b>	Bodenham village, lake and Bowley Town	5/6	Bodenham Parish Hall	EXP 202 544514	Molly & Brenda 01568 797035
<b>Wed 5<sup>th</sup> August</b>	Llangrove/Llangaron Undulating moderate		To be confirmed		John & Tina 01432 830183
<b>Sunday 16<sup>th</sup> August</b>	Ivington/Upper Hill/Gattertop One short climb & some stiles	5	Meet at Ivington School	Exp 202 475567	Pam Johnson 01568 720219
<b>Wed 26<sup>th</sup> August</b>	Broadmoor Common, Woolhope & Sollars Hope Easy/mod	6	Park on common off the road leading to Woolhope	Exp 189 605362	Don Mawson 01432 760036
<b>Sun 6<sup>th</sup> Sept</b>	River Wye, Brinkley Hill, Caplor Camp Moderate	7	Recreation field off Caplor Lane Fownhope	Exp 189 577341	Maurice & Deirdre 01432 860572

For details of Bodenham Ramblers please contact the Secretary Brenda Richardson on 01568 797035 or the Treasurer Wendy Jones on 01432 272031



### StAr ToTs FuN gRoUp for babies 0 – 4 years

July 2015

A fun relaxed group for parents, carers / grandparents to bring children from 0-4 years.

Pop along any time between 9-11am every Friday morning (term time) at St Michaels Bodenham pre-school.

We have weekly themes/activities with a story time, squash and snack too.  
Tea/coffee for the grown-ups as well.

£1 per child

Don't forget to like StArToTs on facebook to get up to date information about each week's activities.

For more information contact Steph 07968563744 or Laura 07966960708

**WE LOOK FORWARD TO SEEING YOU**

### CHRISTIAN AID WEEK

Thank you to everyone who helped in any with Christian Aid Week in May, whether you walked from house to house collecting envelopes or whether you were one of the kind people who gave a donation.

The total raised this year was £919.50. This will go a long way to help those less fortunate than ourselves in various parts of the world.

Veronica Howell. Organiser for Bodenham.

## St. Michael's Pre-School

@

**St. Michael's CEP School, Bodenham, HR1 3JU**

For Children 2 – 5 years old

**(15 Hours FREE Nursery Funding Available)**

**Mondays & Wednesdays  
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**Tuesdays & Thursdays  
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**[www.st-michaels.hereford.sch.uk](http://www.st-michaels.hereford.sch.uk)**



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e: [reception@ajopticians.co.uk](mailto:reception@ajopticians.co.uk)

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[debbie@barklodedogs.co.uk](mailto:debbie@barklodedogs.co.uk)

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We truly believe in "Caring from the Heart", that is why we have chosen the heart as part of our corporate identity. We also believe that it's not what's on the outside, but what's on the inside that makes someone "Special", and only "Special People" become Community Carers. We support our "Special People" to follow their career path to gain their Diplomas in Health and Social Care. The key to successful care partnerships between Abelia Care and its Clients are our professional trained and caring Staff, so why not let our "Special People" look after your "Special People?"



### ABELIA CARE SERVICES LTD

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**10, Northern Lights Business Park, Clinton Road, Leominster, HR6 0SW  
 Telephone No. 01568-620129**

The old adage is still true today, that **"Home is where the Heart is"**, and here at Abelia Care, we understand that elderly vulnerable people, or those needing care and support, enjoy an improved quality of life, when they continue living at home in familiar surroundings.

As a Care Quality Commission registered Home Care Provider, we believe in treating our Clients as "Individuals" in all aspects of their care, through consultation and communication.

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- We can offer Dementia Care Qualified support Staff to help you or a family member.
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- Medication monitoring and support.
- Personal hygiene support with bathing or showering with the added safety factor.
- Feed your pets or walk the dog when needed.
- Our care services offer reassurance for families, knowing their loved ones are being cared for by qualified and professional care staff.



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## BODENHAM BOWLING CLUB

How time flies when you are enjoying yourself....or so the saying goes. It does not seem five minutes since the season of outdoor bowls began and here we are half way through and we have not been well blessed with balmy evenings.

Club night on a Monday and the triples competition proceed as usual and the clubs singles and mixed pairs competitions are also underway. The men's league proceeds as scheduled and the county competitions for both ladies and men likewise.

The friendly matches have been blighted somewhat by the weather but hope to re schedule the matches affected by the weather.

On SUNDAY 16th AUGUST we host our annual BBQ / HOG ROAST. This year this will take place at BODENHAM VILLAGE HALL inside if poor weather or on the grass outside if weather allows.

12.30 for hopefully a prompt 13.00 start. Tickets are available at £10.00 per person with under 14's £5.00 and under 5's free. We welcome friends and family to this occasion and Tickets can be purchased from:-

Barbara Gibson 797643 Barry Carter 797008 Cherie Davies 797596  
Chris Sockett 01432 880272

This year we are committing 10% of the ticket sales to the Children's Cancer centre appeal Birmingham Children's Hospital.

As is usual there will be drinks available to purchase from our licensed bar, after the roast or vegetarian option and salads delicious desserts and a grand raffle. (Prizes for this are always appreciated)

Here's hoping the second half of the season will be as happy and as well attended as the start. Anyone who thinks they would like to give bowling a go is more than welcome to pop along 18.15 for 18.30 on a Monday....we can supply woods. All you require is enthusiasm and a flat soled pair of shoes. Barbara Gibson (secretary)



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24 Orchard Close, Bodenham, Hereford, HR1 3JJ

## Parish Share Sponsored Walk

Saturday 25th July 2015

Come and join in a lovely day of walking & meals.

Raise much needed funds for your parish church by sponsorship.

Start at Marden with breakfast, walk to Bodenham for lunch and then on to Sutton for tea.

Sponsor forms & entry details from your church or

contact the co-ordinator Jessica Tidball on 01568797227

email: [jessica.tidball@btconnect.com](mailto:jessica.tidball@btconnect.com)

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Please contact me on 01568 797228 or 07971 073343 for a free no obligation estimate

### Guides News

1st Marden Guides spent a day learning knots and lashings, and building a bridge over a stream at the annual Pioneering Day at Mansel Lacey.

We only got a bit wet!

We made a scarecrow and some sheep for the Bodenham Scarecrow Festival based on the nursery rhyme Baa Baa black sheep.

Over the next few weeks we will be brushing up on our camping skills, ready for our summer camp in July.

We are also arranging an exhibition of wedding photographs at Marden Church, and a Big Tea Party in aid of St Michael's Hospice – look out for the dates.

If you would like to join us at Guides, please phone Alison on 01432 880094 or email us at [mardenguides@outlook.com](mailto:mardenguides@outlook.com)

Alison Thomas, Guide Leader

### Herefordshire Careline - Help at the push of a button

Herefordshire Careline can give you or your loved ones the reassurance and peace of mind that if you require help, it is not far away!

Careline is a 24-hour personal emergency response service, based in Hereford, which is connected to your home through an alarm unit linked to your telephone line. In times of need, help is just the push of a button away!

Our alarms are connected to our friendly operators who are on hand to answer your calls instantly and get you the help you need. The service helps people to continue to live independently in their own homes. We have lots of products to choose from including pendants, watches and sensors. The Careline service can cost you as little as 58p per day. In addition, we can also offer you our Mobile Responder Service, a personal onsite visit when you activate your Careline alarm - for an additional 36p per day.

For more information please speak to our Careline team on 01432 384100.

Herefordshire Careline is run by the Independence Trust, part of the Herefordshire Housing Group.



### Are you interested in becoming a Volunteer Driver?

Community Wheels provides a transport service for Herefordshire, providing a door-to-door transport for people who do not have access to a car and are unable to use public transport due to mobility difficulties or because of the non-availability of the service.

Now into its 30th year and due to the on-going success of Community Wheels we are in need of new volunteer drivers!

Our drivers use their own cars and the hours are completely flexible. We will reimburse you to help cover the running cost of your vehicle.

**Call Sarah on 01568 617722 / 01432 343932 to discuss becoming a volunteer driver.**



St Michael's Hospice Community Choir Presents...

## A Musical Concert and Big Tea



Join us for a special free performance by the St Michael's Hospice Community Choir, young carers and other local artists. Enjoy a cup of tea and slice of cake with family and friends either before or after the performance.

Limited spaces available: please contact the Community Fundraising Team on 01432 851000 to reserve your free tickets.

**Friday 24th July**  
**Concert starts 2.00pm**  
**Big Tea served 12.30pm - 4.00pm**  
 Tea & cakes £3.00 per person

**Powell Theatre, Hereford HR1 2NG**  
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**NEW CLASS**  
**Mondays 7.35pm BODENHAM.**  
**Fridays Bodenham 10.30am.**

Mondays Wellington 9.25am.  
 Mondays Wellington 10.35am.  
 Tuesdays Withington 9.30am.  
 Tuesdays Bodenham 6pm.  
 Wednesdays Marden 7.30pm.  
 Thursdays Marden 7pm.  
 Fridays Sutton 9am.  
 Fridays Bodenham 10.30am.

## BODY FAT SHRED



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**MONDAYS 6.30 pm Bodenham**

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**T: 01568 797453**  
**M: 07971009691.**  
**e: ejcaldwell@hotmail.co.uk**



## BODENHAM WOMEN'S GROUP

*BWg*

**September**

**The Worlds Biggest Coffee Morning (Macmillan)  
Friday 25 September  
10.30 – 12.00pm at the Chapel.**

Please come along and support this worthwhile event. Organiser Lyn Pollard 797 228

If any lady or group would like to organise an event for the 2015 calendar, please contact Lyn on 01568 797228 for the details to be included in the monthly newsletter and on the parish website.

**For membership details phone our Treasurer,  
Anita Griffiths 01568 797929 or any below.  
Subscriptions are now 50pence per annum.**

**Roz Reader                      01568 797426  
Kath Tremain                  01568 797751  
Lyn Pollard                      01568 797228**

*Bridgette Kempson*  
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Tel 01432 370550*



### FLICKS IN THE STICKS

The new season of flicks in the sticks starts on

**11th September at 7.30 p.m.**

Admittance £3.

The Film showing will be  
*The Second Best Marigold Hotel.*  
There will be a raffle and refreshments available.

Future films will include:  
*The Hundred-Foot Journey,*  
starring Helen Mirren  
and

*What we Did on our Holiday*  
starring Billy Connolly.

Look forward to see you all there!

## ROYAL VOLUNTARY SERVICE

*Together for older people*

**VOLUNTEERS NEEDED  
TO HELP DELIVER  
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Urgently required in the Marden  
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AT

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**THE CROWNS  
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ULLINGSWICK**

**8TH AUGUST**

*Drop in any time from 11am until 7pm*

*Paintings and Prints  
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Teas and other refreshments*

*Proceeds from art sales in support of Felton Church restoration  
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	£40 6 months
	£9.50 1 month
1/2	£14 per month
Full Page	£30 per month



## St Michael's CE Primary School News

### **Year Six SATs:**

Well done to our Year Sixes, who, in May, sat their Standard Attainment Tests, before they leave Primary education for ever and enter Secondary school. It has been a stressful time but they have all tried their very hardest! Well done also to all of the staff and adults who work with them.

### **Buddies Helpers:**

Thank you to all of those people who give up time to help at "Buddies". We really could do with more adults to support and so lighten the load a little. If you are able to even help just a few times, please see Sophie Allen (mum of Mac and Cody). Thank you.

### **Trevor Hill Birds and Animals:**

We had a lovely time with Trevor and his menagerie in May, as we had the chance to get up close and personal with a range of lovely creatures including a lizard, snakes, tortoises, an armadillo, a tarantula, a millipede and some meerkats, to name but a few!

### **Netball:**

Well done to our netball team, as they played two strong sides from Ashperton Primary on Tuesday, 2nd June. The games were very close and well-contested, with the final result being a win for Bodenham in both matches. The children were very sporting but also overjoyed!

### **Frozen Fridays:**

A reminder that, as we are now firmly in the summer term of our academic year, the Parents' Association are offering ice lollies for sale at the end of the school day every Friday afternoon. The cost is around 50p to £1.00 and all proceeds go to the Parents' Association and school.

### **Summer Prom Concert:**

Well done to everyone who took part in this lovely occasion on the evening of Tuesday 19th May. This was a super opportunity for the children to perform in front of an audience and play as part of something bigger. The standard was really high and feedback was very positive!

### **Church Flower Festival Decorations:**

We have had lots of very positive comments about the flower decorations that the children made for this event. They were displayed around the outside of the church for the festival and we made sure that last Friday all of the children had a chance to look around the church and see where their flowers were.

### **Governors' A. G. M.:**

This is the annual formal opportunity for Parents to come into school and talk to the Governors about the school and hopefully give and receive feedback. Any parents with children at the school or Pre School are welcome to come along at 7.00p.m. on 29th June in the school hall.

### **Dates for the remainder of this half term:**

**23rd—29th June:** Tanzanian visitors in school

**22nd—24th June:** Yr 6 London Trip

**25th June:** "Moving Up" Morning (we spend the morning in our new classes)

Yr 6 Transfer Day to Secondary Schools

New Parents' Information Meeting

**26th June:** Choir @ Leominster Baptist Church for Tanzanian Celebration Concert

**29th June:** Junior team @ Lucton Aquathlon

Governors' A. G. M. @ school

**2nd July:** Last swim for Yrs R, 1, 2 and 3 @ Leominster Pool

**3rd July:** Caswell Bay Beach Trip for the whole school

**7th July:** "Aladdin Trouble" performance @ school

**8th July:** "Aladdin Trouble" performance @ school

**10th July:** Sports Day and Parents' Association Summer Fete @ school

**13th July:** Whole School Nature Walk

Yr 6 Bowling @ The Grove

Optional Parents' Evening to deal with any feedback from Reports

**14th July:** Parents' Association "Wacky Marathon" @ school

**15th July:** Class One and Yr 6 Picnic in the orchard

**17th July:** Last day of the Summer Term

Leavers' Service @ St. Michael's church

**StArToTs – Stay and play. Every Friday (term-time only) at Bodenham Pre-School, Bodenham School. 9.00am -11.00am. [Contact Steph 07968563744](tel:07968563744) or [Laura 07966960708](tel:07966960708) for further details.**

### **Website:**

Please remember that we have our website that is available for people to find out what is going on at school. It is updated regularly with photos and news; for example with news of the latest events at school.

The address is: [www.st-michaels.hereford.sch.uk](http://www.st-michaels.hereford.sch.uk)

## Brockington Golf Club & Tea Rooms

Bodenham HR1 3HX

Tel: 01568 797877

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open from 10am daily  
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Light Lunches.  
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To celebrate your Special Event,  
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### Golf

#### Memberships

Include: -  
Weekend  
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#### Pay to Play Welcome!

18 holes for £13  
9 holes for £8  
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Every Thursday 2 play for the price of 1.

Herefordshire Libraries  
Book Festival 2015

## Ben Aaronovitch at Leominster Library

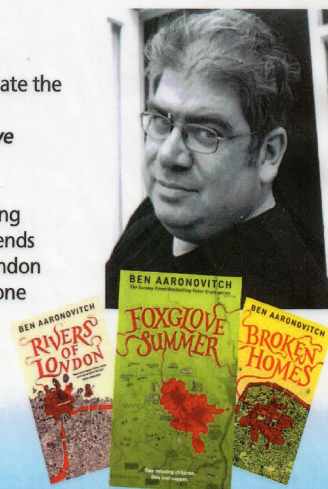
Friday 17 July - 7pm



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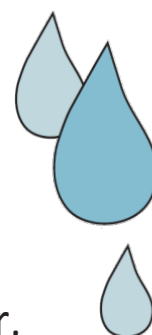
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## St.Michaels and All Angels Flower and Scarecrow Festival.

The Flower and Scarecrow Festival and fete held over three days to raise funds for the church in Bodenham was a big success.

The Friday evening choral concert by the Pax Singers was well attended. The choir gave a very varied programme from Classic to Comic recitation. In addition there were solo instrumental pieces performed on the oboe and cello, as well as a duet.

Saturday dawned grey and damp so the fete was held under the cover of marquees. The BarBQ and Jazz event held in the evening provided a relaxing time for people to chat and listen to the Black Stick Swing jazz band.

The festival concluded on Sunday with the choral evensong.

A huge debt of thanks must go to the army of flower arrangers, the catering group who provided refreshments throughout the three days, the volunteer stewards, back up staff for signage and tent erection (and removal) plus many more who contributed as stall holders and various helpers in so many areas. Also many thanks must go to the number of sponsors providing for the flowers, prizes and catering supplies of drink and food.

In addition the Scarecrow Competition was well supported with a wide range of subjects covered, with the Harry Potter theme winning first prize.

Overall the event has produced in excess of £4000 (final totals to be confirmed) for the Church.

### QUEEN'S AWARD FOR VOLUNTARY SERVICE

The Bodenham Flood Group (BFPG) have been honoured with the Queen's Award for Voluntary Service.

Following the floods in July 2007 when some 40 houses in Bodenham were damaged, the Group was established to prevent a recurrence.

Volunteers now clear watercourses, monitor water levels, advise residents on protection measures and flood risk insurance, maintain stocks of sandbags, and provide physical and emotional support to vulnerable individuals. As a result of its success members of the Group have been invited to give talks to other parishes across the country, have been interviewed on TV and radio, and have contributed to a number of different research projects being conducted by the Environment Agency and by universities into flooding-related issues.

The Group is one of 187 charities, social enterprises and voluntary groups to receive this prestigious award this year. The Queen's Award for Voluntary Service is the highest award given to local volunteer groups across the UK to recognise outstanding work in their communities. The awards were created in 2002 to celebrate the Queen's Golden Jubilee and winners are announced each year on 2 June – the anniversary of the Queen's Coronation.

The Group now have permission to use the official QAVS Logo on their publications and website. It will also receive in due course:

- A signed certificate from Her Majesty The Queen's Lord Lieutenant for Herefordshire, Lady Darnley.
- A piece of English Crystal engraved with the QAVS logo which will also be presented by the Lord Lieutenant.

In addition, as its Chairman and Secretary, Tony and Babs Mitcheson were invited to represent the Group at a Royal Garden Party at Buckingham Palace on Wednesday, 20 May attended by HM The Queen and HRH The Duke of Edinburgh.

The Group's details have been published in a special edition of The London Gazette and this is available to view online at <https://www.thegazette.co.uk>

A short history of the Group, photographs of its activities and details of its meetings can be found on the Parish Website at [www.bodenhamparish.org.uk](http://www.bodenhamparish.org.uk).





PARKINSON'S<sup>UK</sup> CHANGE ATTITUDES. FIND A CURE. JOIN US.

*TABLE TOP SALE*

*&*

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## QUICK GUIDE TO USING THE DEFIBRILLATOR

For use if there is no movement or response and the casualty is not breathing. You can't do any harm by using the defibrillator.

1. Dial 999 for the ambulance service. They will talk you through this.
2. Make sure the casualty is not lying on a wet surface
3. Make sure the Adult/Child selection switch (top left) is in the correct position to match the casualty – i.e. an adult or child under 8 years old
4. Press the green button to start. Follow the voice prompts
5. Remove clothing from chest and stomach – tear if necessary. Shave the chest if necessary. Razor in the accessory pack inside the carrying case
6. Pull the pads out of the side of the machine. Pull tab
7. Tear open the pads packaging and look closely at the picture on each pad
8. Peel off the pads and position according to the picture – upper right and lower left chest
9. Press the pads firmly in place
10. Listen carefully to the voice prompts to determine if a shock is necessary
11. If a shock is needed press the orange button and **stand clear**  
**ON NO ACCOUNT TOUCH THE CASUALTY**
12. If no shock is needed the voice prompt will tell you.
13. Listen for the voice prompts to begin CPR
14. Continue to follow the voice prompts until medical help arrives

## BURLEY GATE PRE-SCHOOL ARE LOOKING TO RECRUIT VOLUNTARY MEMBERS



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From the Editor,

The next newsletter is the September issue. The deadline for contributions is 18th August 2015. You can email your contributions to either of the email addresses below or send via the contact page on the website: [www.1and6.co.uk](http://www.1and6.co.uk) (Disclaimer: this is a service provided as a courtesy and is no way connected with Bodenham Parish Council or the Parish website)

You can sign up to receive the newsletter by emailing me at [susan@bodenhamnewsletter.co.uk](mailto:susan@bodenhamnewsletter.co.uk)  
Contact me

Susan Haworth

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