# **Bodenham Newsletter**



# September 2015

1st	Gardening Club	19th	Arts Alive Parish Hall
3rd	Mothers' Union	21st	Carers Group Meeting
6th	Dog Show Marden	25th	Macmillan Coffee Morning
7th	Parish Council Meeting	28th	Leisure Club Trip
9th	Travels with a Camera	29th	Flood Group Meeting
11th	Flicks in the Sticks		
14th	Leisure Club		
19th	'Free From' Food Fair		

Contents	Page		Page
Church Notices	2	Pre-School	10
Parish Council	3 & 4	Bowling Club	13
Christian Fellowship	4	Bus Update	13
Mothers' Union	4	Women's Group	15
Romania Support Group	5	Flicks in the Sticks	15
Gardening Club	5	Advertise	15
Leisure Club	5	Arts Alive	16
Parish Hall	7	Anthea Brian Archive	17
Flood Group	8	Carers' Group	18
Guides	9	Councillors's Report	18
Lugg Valley Cancer Research	9	Sailing Club	10
Ramblers	10	Travels with a Camera	20
StarTots	10	Newsletter Details	20

### St Michael & All Angels' Church, Bodenham

Dear Friends.

In our group of churches we are blessed with beautiful and ancient buildings. They have stood through the centuries as witnesses to the Gospel, and thousands of people have passed through their doors. Each generation has faced the challenge of the upkeep of their parish church, and have done what they needed to do to keep their church safe and welcoming. For many months, in our group of churches, we have faced the same challenges. There have been many meetings, phone calls, emails, discussions, form filling, fund raising – we have endeavoured to obey the strictures of the whole web of legislation, conservation policies, Diocesan guidelines and the needs of our congregations. The finance has at times seemed unobtainable, the work of preparing funding applications has seemed difficult, but with great determination and support St Mary the Virgin Church, Marden and St Michael the Archangel Church, Felton, have succeeded in raising the money needed to undertake complex repairs to the fabric of both churches. Holy Trinity, Preston Wynne, and St Michael and All Angels, Bodenham, are now beginning the process of assessing the repairs needed and working to raise the funding that will secure the future of those churches.

We have to consider carefully, all the consequences of embarking on such large projects, is it right to raise so much money for our buildings, the church is the people after all. Sadly, we do not control the cost of repairs to medieval buildings, and listed buildings have many rules and regulations surrounding them that inevitably lead to larger costs for repairs. But, we cannot stand by and watch our churches deteriorate and decay, these great shelter houses of prayer offer so much to our communities. Here there is quiet space to think and pray, here there is space to celebrate and rejoice, here there is space to mourn and be comforted, here there is space to worship God.

We pray that we may achieve all that we need to do to protect the churches given to us, that they may stand for generations to come, as signs of faith in our God, our rock and our redeemer.

Gracious God, you have built your church on the foundation of the apostles and prophets, with Christ Jesus himself as the corner stone. Confirm and bless what we do in your name and prosper the work to which we have set our hands. Give us grace to accomplish all we plan to do, and by your inspiration, make it beautiful and good; through Jesus Christ our Lord. Amen.

Yours in Christ, Heather

# St Michael & All Angels' Church, Bodenham SUNDAY SERVICES SEPTEMBER 2015

Sept 6th 8.00am Holy Communion

(The Revd Heather Short)

6.00pm Evensong

Sept 13th 9.30am Sung Eucharist

(The Revd Heather Short)

Sept 20th 9.30am Family Communion

(The Revd Heather Short)

6.00pm Evensong

Sept 27th 9.30am Sung Eucharist

(The Revd Alison Leigh)

Oct 4th HARVEST FESTIVAL

No Morning Service

6.00pm Harvest Evensong

NB: Evensong will normally include hymns and be led by one of the Churchwardens.

#### **HOLY COMMUNION AT SIWARD JAMES**

There will be a service of Holy Communion on Friday, September 25th at 11.00am at Siward James Centre.

ALL ARE WELCOME TO ATTEND.



#### PARISH COUNCIL NEWS

#### **Potholes**

The parish lengthsman is now authorised to repair small potholes. Last month he filled 23 potholes in Bodenham. Larger potholes and other defects are repaired by Balfour Beatty. In the first instance, please report a pothole or other carriageway defect to Chris Smith - the Parish Clerk - on 01568-797132 or by email at bodenhampcclerk@gmail.com.

#### Bridleway

Much of the work has been completed along the re-opened bridleway from the gate opposite the 'lay-by' on the road to Hereford (just past Rowberry Lane) to Preston Wynne. Balfour Beatty appear to have done a good job to date, but further pressure may be needed to ensure all gates are properly installed as soon as possible and the bridleway officially opened.

#### Litter pick

The next litter pick will be held on Saturday 7th November starting at the parish hall at 10.30. Full details will be given in next month's Newsletter.

#### **Defibrillators**

Thanks to amazing fund-raising and a large contribution from Bodenham Community Charity, two defibrillators - one at the Surgery and one at Bodenham School - are now in place. 20 people attended a training course, but the defibrillators can be used by anyone. There is a full set of instructions inside each defibrillator cabinet.

#### Fly-tipping: a reminder

A number of instances of fly-tipping have occurred in Bodenham. Please report fly-tipping via the facility on the Herefordshire Council website or by contacting the Parish Clerk. Fly-tipping is a criminal offence. Dumping grass clippings counts as fly-tipping.

#### Parish meetings

The next meeting of the Parish Council will take place at 7.30pm Monday 7th September at the Siward James Centre. Copies of the agenda and draft minutes of the previous meetings are placed in advance on parish notice boards and on the parish website (www.bodenhamparish.org.uk). Everyone is most welcome to attend and raise any matters of concern during the slot reserved for this purpose. If you prefer, you can raise matters in advance by contacting Chris Smith, Parish Clerk, on 01568-797132 or by email at bodenhampcclerk@gmail.com.

#### Planning applications

The Parish Council has recently considered the following planning applications:

- \* 140890: Land adjacent to Ashgrove, HR1 3EY: (Proposed construction of earth slurry lagoon). No response was made to the application, which is an appeal to the Secretary of State against the refusal of the application. A copy of the Parish Council's original response was sent to Marden Parish Council.
- \* 150437: Land to the South of Chapel Lane: Amended Planning Statement. The Parish Council made no response to this amended application.
- \* 151564: The Hollies: Proposed Alterations. The Parish Council made no objection to this application.
- \* 151567: Bodenham Manor: Proposed demolition. The Parish Council made no objection to this application.
- \* 151636: Moor Court Farm: Proposed Extension to an Agricultural Building. The Parish Council made no objection to this application subject to satisfactory arrangements being made for surface water drainage.
- \* 151651: Land Adjacent to Stoneleigh: Proposed Development of Three Detached Dwellings. The Parish Council objected to the application because of its proximity to an intensive livestock unit and on the grounds of flood risk and inadequate access.
- \* 151660: Land Adjacent to the Pigeon House: Proposed Construction of a new Self-Build Dwelling and new Access. The Parish Council made no objection in principle, but was concerned about access, and requested that approval be conditioned on the removal permitted development rights.
- \* 151675: Land Adjacent to England's Gate Inn: Proposed Residential Development of up to 10 Houses and Associated Vehicular Access. The Parish Council objected to the proposal. Details of the Parish Council's objection can be seen on the Herefordshire Council's website.
- \* 151839: Stone House Farm: Proposed Extensions and Alterations to Existing Dwelling and new Detached Garage. The Parish Council made no objection to this application.
- \* 151841: Park House, Pencombe: Proposed Extensions and Alterations. The Parish Council made no objection to this application.
- \* 151915: I Maund Bryan Cottages: Nonmaterial amendment to a previous application. The Parish Council made no objection to this application.
- \* 151957: Maund Court: Proposed agricultural steel portal frame building to house a chicken litter biomass boiler. The Parish Council made no objection to this application, but requested that conditions should be added to ensure that the amenity of neighbours is protected and that the import and use of chicken litter from any off-site source is prohibited.

#### Parish Council continued.....

\* 152098: Building plot adjoining Charnwood, Marden. Proposed replacement of a two-storey detached house to include a garage block (previous ref. 112159/F). The Parish Council made no response to this planning application

\* 152109: 4, Caldervale: Proposed conservatory style extension to rear extension to rear elevation. The Parish Council made no objection to this application.

#### The parish website.....

...... is continually updated. Find the latest news on the Bodenham Neighbourhood Plan there. The Home page now shows a list of future events in chronological order, as well as the latest notices, addresses to go to find out about Bodenham past, present and future, local news and crime prevention alerts.

www.bodenhamparish.org.uk is the website address. You can also find the Bodenham Newsletter there.

#### **BODENHAM PARISH COUNCIL 2015-16**

Cllr Roger Austin	austin_rj@hotmail.com	01568 797994
Cllr Alec Avery,	shalec50@gmail.com	01568 797744
Cllr Jamie Booth	pedalyourcycle@me.com	
Cllr Bob Clarke	rwc@steppes.plus.com	01568 797670
Cllr Stan Davis		01568 797546
Cllr Les Herbert	lesann@mypostoffice.co.uk	01568 797571
Cllr Dennis Jackson	dennisjackson647@btinternet.com	01568 797404
Cllr Pam James-Moore	pamelajamesmoore@btinternet.com	01568 797330
Cllr Tony Mitcheson	BabsMitcheson@aol.com	01568 797170
Cllr Jeffrey Pollard	jeffpollarddecorating@gmail.com	01568 797228

(Cllr James-Moore is the chairman: Cllr Clarke is the vice-chairman).

Chris Smith (Parish Clerk) bodenhampcclerk@gmail.com 01568 797132

Cllr Bruce Baker - bruce.Baker@herefordshire.gov.uk - is the Herefordshire Councillor for the Hampton Court ward.

#### **BODENHAM CHRISTIAN FELLOWSHIP**

(Chapel Lane, Bodenham)
Services for September

6th	9.00am	Praise and Prayer	
6th	10.30am	Worship Service - John Cartledge	
13th	10.30am	Worship Service - Canon Ian Pusey	
20th	10.30am	Fellowship Service & Communion	
27th	10.30am	Harvest Thanksgiving Service Speaker Rob Barnett	

Praise and Prayer on Sunday 6th September will be followed by a simple breakfast. Coffee will be served after all services.

Cafe @ Chapel meets every Thursday morning. Why not call in for a coffee and a chat at any time between 10.30am and 12 noon.

#### Ladies Bible Study

**Tuesday 22nd September** 9.45 for 10.15am. We will start a new series in Ephesians entitled 'He is our Peace'.

Contact Margaret Seccombe for details, 797094

#### Midweek Study and Discussion Group Thursday evenings at 7.30pm

In September we start a new study in the Pastoral Epistles of Timothy & Titus.

**September 10th** 1 Timothy 1 at the Chapel. **September 17th** 1 Timothy 2 at 14 Brockington Road.

**September 24th** 1 Timothy 3 at New House Farm, Risbury.

for more information contact Peter Lefroy-Owen.

Bodenham Christian Fellowship: Contact Peter Lefroy-Owen (760580) Secretary: Pat Horrigan (797044)

#### **BODENHAM MOTHERS' UNION**

**Thursday 3rd September at 10.30 am** at 14 Brockington Road - 'Kayani Menon will speak about the work of MU Overseas. Visitors are very welcome.

Branch leader: Pat Horrigan Email:mu@themothersunion.org



# Carpets & Vinyls

Top Quality Fitting
Over 30 Years Experience

Choose Your New Flooring In Your
Own Home
Over
100 Samples to Choose From

We Can Move and Replace Furniture and Dispose of Your Old Flooring

Tel: 01432 880898

Mobile: 07713 136238

E: clivechambersflooring @ymail.com

#### **BODENHAM ROMANIA SUPPORT GROUP**

Chairman: Pat Horrigan (797044)

#### **GARDENING CLUB**

**September 1st.** Walled garden at the Weir. Ned Price head gardener

#### October 6th

THE LIFE AND TIMES OF A GARDENER CHRISTINE WALKDEN T.V. GARDENER

BODENHAM PARISH HALL 7.30pm for 7.45pm TICKETS £14.00 CONTACT: MRS A GRIFFITHS TO RESERVE TICKETS 01568 797929

We have lovely refreshments, a sales table and a raffle every month. New members always welcome **Jacqui Price**, **Secretary** 

#### **BODENHAM LEISURE CLUB**

**September 14th** Guest Speaker Mrs Wendy Davidson will give a Talk on 'Aspects of Crime'. This will be at the usual time 2,30 pm

Come along to enjoy a chat, tea and coffee, a Sale Table and Raffle. Visitors always welcome. **September 28th** Coach Trip to Beckford Silk Ltd near Tewkesbury. Departing from Parish Hall 9.30pm before picking up in Ashgrove Road.

There is a Coffee Shop and Bistro on site and Tours of the Silk making are available if desired.

Telephone Dorothy Pugh to book a place on the coach and get details of the trip. Telephone number 01568 797268

This trip is open to non members, anyone interested in joining us will be welcome, there is of course a charge for the bus.

Nan Murdoch Programme Secretary, 797595

## **QUALITY & VALUE SERVICES**



## **Gardening**

Hedge cutting, Lawn Mowing, Pruning, Weeding, Rubbish clearance, Tough Areas Strimming, General tidying, Holiday / Vacant Service



## **Property Maintenance**

Fencing & Decking, Painting, Gutter cleaning, Sheds & Yard clearance, Paving, Slabs & Stone Walls

🕿 078 218 333 60 - Stefan





# **Graham's Heating And Plumbing**

Graham Hill

Tel 01568 797542 Mobile 07977 272189

grahamsplumbing@sky.com

BOILER SERVICING, REPAIRS AND INSTALLATIONS.
BATHROOMS AND GENERAL PLUMBING

## HEREFORD FOOT AND LASER CLINIC JOHN POTTS

HCPC REGISTERED (Number CH 19994

- \* Advanced Laser Treatment for Fungal Nails & Verrucas
- \* Nail Surgery under local anaesthesia for ingrown or diseased toe nails
- \* Nail Reconstruction
- \* Laser scanning for gait analysis for orthotics (devices that modify the gait)

ALL ASPECTS OF FOOT CARE UNDERTAKEN INCLUDING CORNS; CALLOUSES; PAINFUL HEELS / ANKLES / LEGS & KNEES.

Modern Ground Floor Surgery
Easy Parking

01432 830787

www.herefordfootclinic.co.uk



Pump Chambers, Submersible and surface mounted Pumps, ALL Sewage Treatment Plants repaired and serviced, Sales, Servicing and Breakdowns covered.

**CCTV Drain Surveys.** 

Home Buyer/Seller surveys of sewage systems & septic tanks.

Septic Tank or Soak-Away Problems? YES!

We have a low cost\*, Minimal disruption solution for you.

Local company with over 10 years experience in sewage treatment plants and pumps.

Please call *Dave* or *Gavin* for enquiries or to arrange a visit.

07779-592750

01547-520910 / 01568-610091

Specialist Engineers in Pumps and Sewage Treatment Plants covering Herefordshire, Powys and all surrounding areas.

\*compared to alternative solutions

# THE MERCHANTS HOUSE CAFÉ & ANTIQUES Corn Square, Leominster



#### **CAFE**

Home Made Lunches, Snacks, Cream Teas, Fresh Coffees, Open Fire in the Winter

### **'PAST & PRESENT' ANTIQUES**

Furniture, books, jewellery, antiques, materials, paintings, crockery & more

Dogs welcome in our enclosed courtyard
Open Monday to Saturday Tel: 01568 616141
'Like' us on facebook 'The Merchants House'
www.TheMerchantsHouse.org

### **CRISPIN HACK**

HARD LANDSCAPING AND TRADITIONAL BUILDING

\* PATIOS \* BRICKLAYING

\* WALLS \* PLASTERING

\* STEPS \* CARPENTRY

\* COURTYARDS \* FLOOR-LAYING

\* STONE PAVING \* CHIMNEYS

\* NATURAL STONEWORK \*

\* LIME MORTAR POINTING \*

FREE CONSULTATION.

**DESIGN AND ESTIMATES** 

M: 07792 300 138

T: 01531 805050

#### A.G. ACCOUNTANCY SERVICES

\* End of Year Accounts \* Partnerships \*

\* Balance Sheet Profit and Loss \*

\* Tax Returns / VAT \* Online Returns \*

\* Home Visits \*

REASONABLE RATES ~ LOCAL SERVICE Be Prepared - Ring Today Tel: 01432 850714

Mobile 07807 338521

web: www.agaccountancyservices.co.uk E: enquiries@agaccountancyservices.co.uk

\* Help with new Money Laundering regulations and Risk Assessment for Book-keepers and Practitioners

#### PARISH HALL NEWS

The hall committee has held its AGM with all officers remaining in place. The search for a Treasurer still continue please speak to any of the committee if you are interested in taking on the role.

September see the hall hosting some exciting entertainment - see advertising elsewhere in news letter for our Flicks film and Arts Alive show!

We are saddened to hear of the deaths of Christine and Mike James. Christine was a long standing member of the Committee and, with the support of Mike, successfully ran 'Flicks in the Sticks' for many years.

They will both be sadly missed by the Committee as well as by their many friends in Bodenham. Our deepest condolences go their family.

#### 100 Club results for publication in Newsletter

#### JULY DRAW 2015:

1st., No. 66 - Tony Mitcheson

2ond., No. 99 - Hugh Diamond

3rd., No 30 - Anita Griffiths

#### **AUGUST DRAW 2015:**

1st., No. 31 - Jakki Cunningham

2ond., No. 84 - Chris & Robin Hemming

3rd., No.120 - Veronica Howell

#### Parish Hall Management Committee:

anon nanagement committee.				
Robin Knott	Chair	01568 797835		
Gwenllian Bowden	Secretary	797868		
Bob Clarke	Treasurer	797670		
lan Linton	Vice-Chair	797375		
Laura Marsh	Mins Secretary	797529		
Ida Knott	Bookings Sec	797333		
Linda Creaton	Flicks	797473		
Robert Parker	100 Club	797091		
Margaret Hughes		797285		
Roz Reader		797426		
Jeff Pollard		797228		

To Book the Parish Hall, please ring lda on 01568 797333

		/		
Club	Meets	Contact		
Leisure Club	Monthly on the 2nd and 4th Mondays 2.30 - 4pm	Margaret Hughes - Secretary 01568 797285		
Gardening Club	Monthly on the 1st Tuesday 7.30pm	David Griffiths 01568 797427		
Flicks in the Sticks	Sept - April 2nd Friday 7.30pm	Linda Creaton 01568 797473		

Weekly	Activity	Contact	
Mondays	Tai Chi 10 - 11.30am (TT)	Julian Kemp 01568 614468	
	Body Toning conditioning Class6.30 - 7.30pm	Emma Caldwell 01568 797107 07971009691 ejcaldwell@hotmail co.uk	
	Glow-With-Figure- Fitness 8pm	annebliss@ btconnect.com 01568 760860	
Tuesdays	Pilates 6 - 7pm Airgun Club	Emma Caldwell (as above) lan Linton 01568 797375	
Wednesdays	Tai Chi 9.30 - 11am (TT) Yoga 6 - 7.30pm (TT) Badminton 8pm	Julian Kemp (as above) Fiona Hawkins 01432 860270 Rob Parker 01568 797091	
Thursdays	Belly Dancing 7- 8pm & 8 - 9.30pm	Abby Mason 07962 161081 alanya@ alanyabellydance. com	
Fridays	Over 50s Exercise 9 -10am	Miranda Davies 01432 830675	
	Pilates	Emma Caldwell (see above)	
Hourly Rates			

Main Hall £9.50 (minimum charge £12) Committee Room £5.00 (minimum charge £6) £5.00 (minimum charge 5.50) Stage Only

Store/Back Room £8.00 per l Party/Dance/Disco £120.00 (£	
Concert/Musical Evening	£60.00
Quiz Night	£30.00
Bingo	£30.00
Children's Party (under 14 years	£25.00
Jumble Sale	£45.00
Wedding Afternoon Only -	£150.00
(Clear by 6pm)	
All Day	£200.00

### BODENHAM FLOOD PROTECTION GROUP

Chairman: Cllr Tony Mitcheson Treasurer: Mrs Babs Mitcheson Operations Manager: Cllr Tony Mitcheson Secretary: Mrs Babs Mitcheson

The Moor:

The Moor Road: Mr Tony Clark: 797943
Orchard Close/Chapel Lane: Mr Robert Pritchard: 797428
Brockington Road (2 -31& 35): Mr Simon Dowler: 797363
Brockington Road (1, 32-34, 36 – 42A): Mrs Rebecca Burnill: 797823
Brockington Road (43-54): Mrs Gwen Bowden: 797868

Siward James: The Warden: 797412 Ash Grove Close: Mrs Jean Fryer: 797338 Ash Grove View: Mr David Harris: 797575 Ash Grove View: Cllr Alec Avery: 797744 Millcroft Road: Miss Barbara Gibson: 797643

**Bodenham Village:** 

Bridge to War Memorial: Mr Mike Mullenger: 797199 Church and Bodenham Village: Mr David Ayshford Sanford: 797549

Maund Bryan:

Mr Philip Broomhead 797167

#### Meetings are open to ALL MEMBERS OF THE PUBLIC

All Meetings, unless otherwise notified will be held on the last Tuesday of the month at Siward James Centre starting at 7.30 pm

This month's meeting: September 29th

If you are unable to attend or have points which you would like to be raised at the meeting, please contact the Secretary, Mrs Babs Mitcheson on 797170

Or by email at <a href="mailto:BabsMitcheson@aol.com">BabsMitcheson@aol.com</a>

The above dates will appear in the appropriate month's Bodenham *Newsletter* and on the Parish Website.

#### **BODENHAM FLOOD PROTECTION GROUP**

#### **Bodenham Sandbag Cages Key Holder List**

All the sandbags in the cages in the village have now been replenished. Should you need access to them in an emergency, please note the BFPG Area Representative closest to your holding cage and their contact details. If you are unable to contact your Area Representative then please ring the Spare Key Holders listed below.

Name	Area Rep
Bob Pritchard 01568 797428	Chapel Lane/ Orchard Close
Mike Stephens 01568 797816 07779 407605	Chapel Lane/ Orchard Close
Anthony Giampalma 07970 285020	Parish Hall
Mike Mullenger 01568 797199	Bodenham School Car Park
Tony Mitcheson Chairman 01568 797170	Spare Key
Babs Mitcheson Secretary 01568 797170	Spare Key
The Warden 01568 797412	Siward James
Tony Clark 01568 797943	Spare Key

## RT Building Services

GENERAL BUILDER & PROPERTY MAINTENANCE

Small extensions, brick and block work
Driveways / Block Paving

All types of roof construction - Plastering

All types of floor laying

UPVC Fascia Boards, Guttering, and Cladding

HARD LANDSCAPING Natural Stonework, Patios

Rendering and Decorative Walls, Courtyards

and Fencing

For a Free Estimate call Ray Taylor

Wellington

01432 830145 or 07917132294



CARPENTER - DECORATOR - HANDYMAN

CARPENTRY - All types undertaken DECORATING - Internal and External HANDYMAN - No Job Too small

**RENOVATION - Outdoor Furniture & Joinery** 

FREE QUOTE - No Obligation

For a Friendly, Reliable and Local Service

CALL Richard on 07837 731018 Email: richard@fixandfinish.co.uk

# Self Catering Cottages Litmarsh Farm, Marden

2 beautifully styled black & white cottages, each sleeping 4. Available for holidays, short breaks and out of season longer lets.

Call 01568 797109 or 07785 518927

www.litmarshfarm.co.uk

# Shire's Tree Services

Tree felling and dismantling
Dead and dangerous tree removal
Crown raising and shaping
Small tree pruning
Hedge reduction and trimming

Firewood 1 Ton Bag £55

Fully Insured **ED STOBO** (Head Tree Surgeon) Fully Qualified

Mobile 07969 805016 Office: 01568 797855

### Moreton Wood



#### Seasoned Firewood

- High Quality hand made Garden Sheds, Fencing, Screens, Arbours and other Bespoke Structures
- Sawn timber for sheds and decking
- Sustainably produced Barbecue Charcoal
- Hand made quality woodland products & services
- Fun and Educational Community Events and Workshops

ALL FROM local, sustainably managed woodland in Ullingswick, Herefordshire.

Paul and Jo Morton will be happy to answer your queries
Tel: 07920 851 674
moretonwood@googlemail.com
www.moretonwood.co.uk

#### **Guides News**

1st Marden Guides enjoyed their summer camp at Deer Park in Gloucestershire. The weather was wet at times, but we still managed plenty of activities, including the traverse wall, tunnels, pioneering, geocaching, gutting and cooking fish, making butterflies out of beer cans and of course toasting marshmallows on the camp fire! We're already making plans for next year!

Thank you to everyone who participated in our bird quiz – we raised over £100 for our funds.

Please look out for the date of our Big Tea Party for St Michael's Hospice – coming up soon!

If you would like to join us at Guides, please contact Alison on 01432 880094, or email mardenguides@outlook.com

LUGG VALLEY FRIENDS - CANCER RESEARCH UK

**LUGG VALLEY FRIENDS - CANCER RESEARCH UK** 

INVITE YOU TO JOIN US FOR AN

# AUTUMN FASHION SHOW BY WYESTYLES

(FOR BOTH LADIES AND MEN)

FRIDAY, 9TH OCTOBER 2015

BODENHAM PARISH HALL 7.30 PM START

# TICKET PRICE: £9.00 PER PERSON TO INCLUDE BUFFET

TICKETS AVAILABLE FROM: (01568) 797932 (Ann) or 797557 (Thelma) or 797280 (Jenny)

The Committee of Lugg Valley Friends Cancer Research UK would like to say thank you to everyone who supported our Ploughmans & Puddings Event at Siward James Centre on Friday, 26th June 2015, which raised £424.33.

#### **FURTHER EVENTS FOR 2015**

Tuesday, 3rd November: Coffee Morning at Siward

James Centre, Bodenham

Friday, 4th December : Christmas Bingo at Parish

Hall, Bodenham



# RodzNogs

City & Guilds Qualified in Dog Grooming
Certificated in first aid for Dogs
Bodenham
HR1 3HY

HR1 3HY Contact Rod, Tony, Bev 01568 797687

www.facebook.com/rodzndogs

Full Groom All Breeds Wash & Brush Nail Clipping Day Care Modern Facilities Dog walking Dog Sitting Pick up Service

#### BODENHAM RAMBLERS SUMMER WALKS 2015 All walks to start at 10am unless otherwise stated. Any queries about walks please contact leaders PLEASE BRING A PACKED LUNCH

	DATE	Description	Miles	Start	GR	Leaders
Sun	6 <sup>th</sup> September	River Wye, Brinkley Hill, Caplor Camp Moderate	7	Recreation field off Caplor Lane Fownhope	Exp 189 577341	Maurice & Deirdre 01432 860572
Wed	16 <sup>th</sup> September	Rural Bromyard. Parkland, woodland, orchard and pasture. 5 Stiles.	6	Park at roadside by turning to Live and Let Live Pub off A44 Bromyard Road	Exp 202 698550	Judith 01905 426743
Sun	27 <sup>th</sup> September	Goodrich and Coppett Hill. One long steady climb uphill but otherwise straightforward. Nice walk along river.	5.75	Meet at Goodrich Castle car park (£1 parking fee).	OS 14 576197	Richard Priestley 01432 839532
Wed	7 <sup>th</sup> Oct	Burwarton Park. Superb views. Clee Hill, steady climb. Moderate	4	The Boyne Arms Bridgnorth	OS217 617851	Wendy & Dave 01568 797659

For details of Bodenham Ramblers please contact the Secretary, Brenda Richardson on 01568 797035 or the Treasurer, Wendy Jones on 01432 272031







# StAr ToTs FuN gRoUp for babies 0 - 4 years

StArToTs September 2015
A fun relaxed group for parents, carers / grandparents to bring children from 0-4 years.

Pop along any time between 9-11am every Friday morning (term time) at St Michaels Bodenham pre-school. We have weekly themes/activities with a story time, squash and snack too.

Tea/coffee for the grown-ups as well. £1 per child Don't forget to like StArToTs on facebook to get up to date information about each weeks activities.

- \* Friday 11th September –Noodle building craft come along and try building sculptures with noodles made from maize stuck together with water!?! Has to be seen to be believed!
- \* Friday 18th September Painted toast come and paint some bread, toast the colour on then eat your creation!
- \* Friday 25th September Yarn Bangles make some fun yarn bracelets, perfect for the littlest of hands to make. Great for developing motor skills.

For Further details contact Steph - 07968 563744 Laura - 07966 960708

### St. Michael's Pre-School

**@** 

St. Michael's CEP School, Bodenham, HR1 3JU

For Children 2 - 5 years old

(15 Hours FREE Nursery Funding Available)

Mondays & Wednesdays 9am to 1.15pm

Tuesdays & Thursdays 9am to 3.15pm

Please call Jo or Julie on 01568 797241 For a FREE taster session

www.st-michaels.hereford.sch.uk



Play, Grow and Explore Together!

# WYNNE'S OF DINMORE

Country Life Supplies & Equipment

#### The Poultry Store & So Much More...

Point of Lay Hens - Always Available From £10 (Also seasonally - Bantams, Quail, Chicks & Ducks) Pretty Pygmy Goats From £100. Miniature Pet Pigs Specialist Animal, Pet & Poultry Feed & Bedding Health & Hygiene & Vermin Control Products Pet, Poultry & Animal Housing & Runs Strong Walk-in Enclosures & Aviaries (We manufacture housing on farm) Pet & Farm Supplies & Equipment Hardwood Woodchip in bags Wild Bird Feed – wide range Free Range Eggs £1.60 doz Gifts ... and much more!

### **Visitors Welcome: Tuesday - Saturday**

Upper Buskwood Farm, Hope Under Dinmore.

See our website: www.wynnes.co.uk

Tel: 01568 797314 e-mail: info@wynnes.co.uk



#### **AGRICULTURALCOMMERCIALDOMESTIC**

m. 07799 888 246 t. 01568 797 793 e. tdines2317@hotmail.co.uk

- Agricultural new builds.
- Three phase installations, new or existing.
- Rewires domestic, agricultural barns or commercial p
- Lighting and power solutions for Horse stables etc.
- Outbuilding supplies, green houses or garden sheds
- Electrical safety certificates, are your electrics safe??
- Electrical heating.
- Electrical usage assessments, how much electric are you using? Can you save money with LED lighting?
- CCTV systems, linked to smart phones for anytime anywhere viewing
- Alarm systems, with smart phone alerts.
- Smart home automation, heating lighting sockets all controlled from your smart phone
- Outside security lighting



# andrew jelley opticians Andrew Jelley BSc(Hons) FC Optom

Teresa Davies FBDO

Duncan Edwards FBDO

Alex Lane BSc(Hons) MC Optom

34/35 High Street, Bromyard, Herefordshire, HR7 4AE

Tel: 01885 488259

e: reception@ajopticians.co.uk) www.andrewjelleyopticians.co.uk



### Dog Grooming and Home **Boarding**

Call Debbie on 07768 518008

Fully trained professional dog groomer

Home from home boarding services

Located in Litmarsh (nr Bodenham)

www.barklodgedogs.co.uk debbie@barklodgedogs.co.uk

## **BODENHAM FORGE**

3 holiday cottages, each with a double bedroom and a twin bedroom, available for weekend lets, week lets and longer lets.

> All cottages are undergoing refurbishment All cottages have Wi Fi and Smart TV

Good for visiting family and friends, local business visitors or people moving house.

> Paul and Salma Courtney 01568 797144 www.bodenhamforge.co.uk

#### **Professional Cleaning**

of

### Carpets, Rugs, Upholstery

Using a new innovative system we offer a fast, efficient, high quality, carpet cleaning service with no mess or fuss.

- ✓ Cleans, disinfects and applies anti-static coating
- ✓ Guarantees not to stretch, shrink, or split seams
- ✓ Leaves carpets PH neutral, no re-soiling sticky residues
  - ✓ Extremely quiet operation
  - ✓ Environmentally friendly too using natural products

*Dry in 30 Minutes* 

## **Homes Offices Hotels Clubs** Call today:

#### Rainbow International

Unit 21, Evans Business Centre, Brunel Road, Leominster, HR6 0LX

**Telephone: 01568 617710** 

For Your Free, No Obligation, Quote



All Aspects Of Beauty And Holistic Therapy
CACI Non Surgical Solutions
Elemis Facials & Treatments / Product Range
OPI Polish & OPI Gelcolor
Manicures & Pedicures / Minx Nails
St Tropez Spray Tanning
Waxing & Intimate Waxing
All Types Of Massage
Eyelash Extensions / Sunbeds
LVL Lash Enhancements / Inch Wraps
Lily Lolo Mineral Makeup / Aromatherapy

#### Gift Vouchers • Late Nights • Free Parking

Energy House, Grandstand Road, Hereford HR4 9NH

#### Heating, Plumbing & Electrical



Boiler Servicing Full Heating Systems

Boiler Replacements Boiler Repairs

Solar PV Panels Heat Pumps

Electrical Re-Wiring Electrical Fault Finding

# Free Quotes Fast And Friendly Service

Green Deal Installer

GSR Heating Ltd, Energy House, Grandstand Road Hereford HR4 9NH

info@gsrheating.co.uk

www.gsrheating.co.uk











01432 357 967

# ABELIA CARE SERVICES LTD "Caring from the Heart" 10, Northern Lights Business Park, Clinton Road, Leominster, HR6 0SW Telephone No. 01568-620129

The old adage is still true today, **that "Home is where the Heart is"**, and here at Abelia Care, we understand that elderly vulnerable people, or those needing care and support, enjoy an improved quality of life, when they continue living at home in familiar surroundings.

As a Care Quality Commission registered Home Care Provider, we believe in treating our Clients as "Individuals" in all aspects of their care, through consultation and communication.

- We treat all our Clients with the Dignity and Respect that their age demands, and take time to build a bond of trust.
- We are committed to Person-centred Care.
- We value the role of the Family in joint discussions regarding their family member's care
- We offer support with reablement care packages following Discharge home from hospital to help you get back on your feet.
- We can offer Dementia Care Qualified support Staff to help you or a family member.
- Palliative or "End of Life" care support for those who are terminally ill or those needing this type of support.
- We provide a shopping service for people who are not able to do their own.
- Support with meal preparation, washing, ironing and vacuuming or re-making the beds if arthritis or other debilitating illness makes this difficult.
- Medication monitoring and support.
- Personal hygiene support with bathing or showering with the added safety factor.
- Feed your pets or walk the dog when needed.
- Our care services offer reassurance for families, knowing their loved ones are being cared for by qualified and professional care staff.



To find out more, why not visit our Website:www.abeliacare.co.uk

We truly believe in "Caring from the Heart", that is why we have chosen the heart as part of our corporate identity. We also believe that it's not what's on the outside, but what's on the inside that makes someone "Special", and only "Special People" become Community Carers. We support our "Special People" to follow their career path to gain their Diplomas in Health and Social Care. The key to successful care partnerships between Abelia Care and its Clients are our professional trained and caring Staff, so why not let our "Special People" look after your "Special People?"



### STUART HURDS

Oil Fired Heating Engineer
Plumbing
Commissioning, Servicing & Repairs
Installations
Aga - Rayburn - Stoves &
Central Heating Boilers

Tel: 01544 318809 Mobile: 0777 3616440



#### HOLIDAY BUNGALOW, GOWER PENINSULA- 2 Bedrooms

Quality heated accommodation, recently decorated, immaculate.

Sleeps 4/5.Fully equipped fitted kitchen, freezer, fridge, microwave etc,
Lounge/diner, TV with freeview, dvd player. Shower room.

Situated in quiet holiday village, 2 minutes from Port Eynon

Free heated indoor pool with spa and sauna. (April-October).

Play area, games room, Tumble Tots. Launderette. Chip shop
Shop with post office and cash machine, Pub/restaurant.

For prices and availability call Ann on 01432 760963

Web site: www.31gowerholidayvillage.co.uk

Email: <a href="mailto:annofgreengables@btinternet.com">mailto:annofgreengables@btinternet.com</a>
From £250 - £580 per week. Bed linen supplied and beds made up.
Parking for 2 cars. Heating and electricity included in rental

\*\*Recently awarded 3 stars, by 'Visit Wales'\*

#### **BODENHAM BOWLING CLUB**

As I write this I am recalling the happy day everyone had up at the village hall for the Hog roast on Sunday 16th August. We were blessed with a still warm day and only the pesky wasps were troublesome. Nine residents from Siward James along with members of their families joined us up at the village hall along with bowling club members their families and village friends.

As promised we will be making the 10% of ticket sales donation to the Birmingham Childrens Hospital Oncology Unit appeal and monies given by friends unable to join us on the day will be added to this at their request.

The season is drawing to a close and despite the variable weather we have had on both club nights and friendly matches we have managed to almost complete all club competitions.

Our Captain Eric Alldridge has on occasion struggled to ensure adequate numbers for away matches but he has almost always succeeded in getting rinks rather than triples (a foreign language to me a little over 4 years ago!)

The Men's League has made great headway over the season and already consideration is being given to the indoor league over the winter, this being spearheaded by Mr Derek Stockton a long standing member of the club.

Mid September will see the green closed to enable Mr Colin Walters and a team of members prepare the green for the winter and also for the 2016 season.

Mr Derek Sebbage the club's fixtures secretary has decided to stand down after many years service to the club and we have one nominee for the post who will be elected in at the AGM in October. Planning for the outdoor season 2016 however is already underway so Mr Peter Jones is in communication with all clubs we play to advise them of the change.

The AGM in October and our Annual dinner, this year to be held at Ullingswick, will ensure the season ends on a high.

If anyone fancies having a go before the season end then please feel free to come along at 18.00 on a Monday, flat shoes essential.

Barbara Gibson (secretary)

#### **BUS UPDATE**

As many of you will know, First Bus are pulling out of serving Hereford in September. However, I am pleased to report that our 426 service to Hereford will be run by Yeoman's (i.e. Lugg Valley) using the existing timetable.

Just to remind you also that there is now a bus to Leominster (number 427) on Tuesday and Friday, leaving from Orchard Close at 9.30 (from Memorial at 9.36), and returning from Leominster bus station at 12.30.

Looking ahead to next financial year and beyond, Herefordshire Council are saying that they are considering making cuts in many services, including buses, and they are currently seeking opinions from residents on where the priorities should be. They have produced a questionnaire 'Priorities and budget consultation 2016-2020'. This is available to complete on line on the Council website. But I understand that there will be hard copies available in libraries and presumably at Council enquiry offices.

# RW Mann & Son Funeral Directors





# FOR ALL YOUR LEGAL

Beaumont House, Offa Street, Hereford, HR1 2LH

**NEEDS** 

Tel: 01432 352345

John Senior Chambers, 38 High Street, Bromyard, HR7 4AE **Tel: 01885 488442** 

Dia.



www.beaumonts-solicitors.co.uk

#### Serving the local families of Leominster

We have a range of funeral options available to suit all wishes and requirements. Our arrangers can also offer help and advice with pre-paid funeral planning.

For more information on funeral plans, to find your nearest branch, or to arrange a home visit please call

#### 01568 612358

We are now located at: 2-4 New Street,

Leominster, Herefordshire HR6 8DP

Anne Morris Funeral Arranger

www.rwmann.co.uk

### **NOTICE:**

The water spout at Dinmore has consistently tested as unsafe for human consumption.

## Please Do Not Drink



## **Jeff Pollard Decorator**

Is your Kitchen/Bedroom looking tired? Would you like to update it but don't want the expense of new units when the current ones are still functional.

Let me hand-paint your furniture to give it a fresh, clean and modern new look.

- •High Quality Paints to ensure long lasting and beautiful results.
- ·Specialist Individual Schemes.
- •Suitable for Hardwood, Softwood, MDF and Laminate furniture.
- •Service also available for freestanding wardrobes etc.

Please contact me on 01568 797228 or 07971 073343 for a free no obligation estimate

# **Pilates**



Pilates The Ultimate Body Workout. Mat based, strengthen your entire body, core, focus on abdominals, back , & waist.

Improve posture, reduce joint pain, reduce risk of injury, compliment your sport, fitness from beginners to top athletes. embrace a more flexible & stronger body.

Enjoy a holistic vet challenging workout.

Mondays Wellington 9.25am &10.35am Mondays Bodenham 7.35pm Tuesdays Bodenham 10.45am Tuesdays Bodenham 6pm Wednesdays Marden 7.30pm Thursdays Marden 7pm Fridays Sutton St.Nicholas 9am Fridays Godenham 10.30am

Contact Emma Caldwell 01568 797453. 07971009691. ejcaldwell@hotmail.co.uk

## **BODY FAT SHRED**



**CLASS** 

This class will increase your Fitness, shed Body Fat, define muscles, sculpt a great body.

Combining aerobic drills, squats, lunges, punches, kicks, use dumbells, infused with some core pilates exercises. The perfect combination to sweat at a high energy class. Plus your chance to attend FREE regular workshops on healthy eating.

Train well Eat well & you have the body you deserve!

MONDAYS 6.30 pm Bodenham

Contact Emma Caldwell T: 01568 797453 M: 07971009691. e: ejcaldwell@hotmail.co.uk

#### **BODENHAM WOMEN'S GROUP**

BWg

#### September

The Worlds Biggest Coffee Morning (Macmillan)
Friday 25 September 10.30 – 12.00pm at the
Chapel. Please come along and support this
worthwhile event.

Organiser Lyn Pollard 01568 797 228

If any lady or group would like to organise an event for the 2015 calendar, please contact Lyn on 01568 797228 for the details to be included in the monthly newsletter and on the parish website.

For membership details phone our Treasurer, Anita Griffiths 01568 797929 or any below. Subscriptions are now 50pence per annum.

 Roz Reader
 01568 797426

 Kath Tremain
 01568 797751

 Lyn Pollard
 01568 797228

A 'big thank you' to the Bodenham Ladies Group for their Sponsorship and support for the Marie Curie 'Blooming Great Tea Party' held in the Chapel at the end of June.

What lovely scones, cakes and sandwiches - Yum Yum, and the company was good too.

A special thank you to Carol Kirkpatrick and Tina McHugh for being such wonderful Kitchen Stars, and to Bob for his help.

Marie Curie have written to thank you all for raising £277plus for their worthy cause.

Marie Curie also wish to thank Carol Stockton, Muriel Haycock and myself for taking part in the Swimathon earlier this year and raising £170. Well done everyone,

Nan Murdoch.

Bridgette Kempson M. Inst. Ch. P. HPC Registered

Home Visiting Chiropodist

Mobile 07798 765744

Also at Beautonics, 97B Old Eign Hill, Hereford Tel 01432 370550

#### FLICKS IN THE STICKS

The new season of flicks in the sticks starts on

11th September at 7.30 p.m.

Admittance £4
The Film showing will be
The Second Best Marigold Hotel.
There will be a raffle and refreshments
available.

Future films will include:
The Hundred-Foot Journey,
starring Helen Mirren
and
What we Did on our Holiday
starring Billy Connolly.

Look forward to see you all there!

#### **CHRIS AND MIKE JAMES**

As I have now taken over Flicks in the Sticks from Chris and Mike I wished to put a thank you to them in the newsletter.

Many of you will no doubt have heard of the sudden death of both Chris and Mike James. So on your behalf, I would like to give a big Thank You, sadly posthumously, to them both, for the great job they did.

Linda Creaton

Advertise in the Newsletter

Small Box £50 year

£25 6 months £10 2 months £5 1 month

1/4 page £80 for 12 months

£40 6 months £9.50 1 month

1/2 £14 per month

Full Page £30 per month

# Autumn Fayre 2pm & FUN DOG SHOW



Sunday 6th September Marden Church Dog show entries at 2.30pm

£1 per class

- prettiest female dog
- handsomest male dog
- best happy & waggy dog
- · best object finding dog
- best mature dog over 7 yrs
- best dog & child combination
- dog & handler obstacle race
- dog best pair
- · best welfare
- fun musical mats

'Dog' refers to male or female dogs over the age of 3 months. Dogs should be vaccinated and have had recent parasite control. Dogs must be under control at all times and on a safe collar and lead.

Children under 14 years old must be accompanied by an adult on site.

REFRESHMENTS ~ STALLS ~ RAFFLE ~ TOWER TOURS

"THERE IS NO NEED TO TRAVEL TO THE EDINBURGH FESTIVAL THIS YEAR TO SEE THESE AMAZING PERFORMERS. JUST COME ALONG TO BODENHAM PARISH HALL ON SATURDAY 19TH



A five-piece a cappella group performing gospel, soul, jazz, doo-wop and R'n'B in African and popular styles. In their shows, they celebrate South African oral and dance traditions by performing Zulu, Xhosa and Tswana songs, full of rhythm and harmonies. Discovered in Johannesburg, the group have toured across Europe to share their unique music style, receiving great reviews and standing ovations.'A ten-legged, ten-armed, five-headed creative beast' Paul Levy. Suitable all ages

### Saturday 19th September 8pm Bodenham Parish Hall HR1 3LB

Organised in aid of Macmillan Cancer Support, registered charity in England and Wales (261017), Scotland (SC039907) and the Isle of Man (604). Also operating in Northern Ireland.

Tickets Adult: £8.00 Child: £5.00 £10 on the door Enquiries 01568 797404 Buy tickets online www.artsalive.co.uk



# best foot forward



#### **Walking for Health Herefordshire**

Walking is great for your health and puts a spring in your step. With Walking for Health, you can take part in a free short walk nearby to help you get active and stay active at a pace that works for you. It's a great way to stretch your legs, explore what's on your doorstep, and make new friends. For over 12 years, we've helped thousands of people like you discover the many benefits of regular group walks. From reducing stress, to losing weight, to sharing laughs, Walking for Health has something for



There are health walks happening across Herefordshire, they are totally free and everyone is welcome. To find out about a walk near you or to set up a new walk please get in touch. Walk Leader Training is FREE!

Call Zoe Hooper on 01432 358232 or email zhooper@brightstripe.co.uk Visit: www.walkingforhealth.org.uk





s Association is a registered charity (England & Wales no. 1093577, Scotland no. SC039799) and a company limited by guarantee (England & Wales no. 4458492).
ancer Support is a registered charity (England and Wales no. 261017, Scotland no. SC039907, Isle of Man no. 604) and a company limited by guarantee (England and
like of Man no. 4694).

MACMIL

#### **Everyone Welcome**

25 September 2015

10.30am to 12.00 mid-day

at THE CHAPEL

Chapel Lane call Lyn Pollard 01568 797228

Bodenham Women's Group



CANCER SUPPORT

## **Brockington Golf Club & Tea Rooms**

Bodenham HR1 3HX

Tel: 01568 797877

#### Tearooms

open from 10am daily for drinks and home cooked food.

> Light Lunches. Cream Teas.

Sunday Lunch Carvery only £7.95 (early booking advisable).

To celebrate your Special Event, Birthday or Anniversary book your Exclusive Party Evening on a date to suit you. (Minimum numbers apply; menu can be discussed).

#### Golf

Memberships Include: -Weekend (new for 2014!), Full, Senior, & Junior

Pay to Play Welcome! 18 holes for £13 9 holes for £8 (no need to book tee times).

Every Thursday 2 play for the price of 1.

# he way we were The Anthea Brian Archive contains thousands of

photographs as well as a great deal of information about our houses and the life of Bodenham people in past times. This is just a pre-notice about two events we are planning to hold in October.

Wednesday, 21st October (7.30pm in the Chapel) - a number of short, illustrated talks based on material from the Archive.

Saturday, 31st October (11.00am- 3.00pm at Siward James )-this is a drop-in session. People can browse the Archive material such as Anthea's book draft (the second unpublished volume), maps, photographs etc. (People will be available to help you find things!) More details in the October newsletter.

#### **Wellington Parish History Society**

On Thursday 24th September Wellington Parish History Society will open its doors to welcome you to a talk on Herefordshire Folk Tales. David Phelps and Valerie Dean will tell us tales from near and far in the county, and may even sing for us.

After these speakers / singers, visitors and members are invited to stay on for refreshments, which, in keeping with the theme of the evening will include something from an old Herefordshire cook book.

Visitors fee is just £2.50. The meeting is at Wellington Community Room, HR4 AZ. If you have any questions please contact Gill Bullock on 01432 839109.

## **GARDEN SERVICES** (BODENHAM)

Gardening, Tree Felling, Hedge Trimming, Mowing Pest Control: - Rats, Squirrels, Wasps, Foxes, Deer

MOWERS SERVICED: COLLECTED AND DELIVERED

## FIREWOOD

**Builders Bags and** Trailer Loads Available Ring for Quote

DRY AND READY TO USE ALL DELIVERED FREE IN BODENHAM AREA

MIKE STEPHENS

Mobile: 07779 407605 T: 01568 797816

# **David Gray** Plumbing



General Plumbing, Central Heating, Shower, Bathroom & Wetroom Installations



Wall & Floor Tiling Friendly reliable service

Tel: 01432 870220 or

07960905159

**Free Quotes** 



Z5551ZU



#### **BODENHAM Carers Support Group**

The group meets from 2 – 3.30pm on the third Monday of each month at Siward James Community Centre, Bodenham

Herefordshire, HR1 3LS

#### 2015 programme

21 September Hypnotherapist, Rebecca Edmonds

19 October Healthwatch, Richard Dudley

16 November Social time and quiz
9 December Christmas celebrations

For further details please call Helen on 01432 356068 or email helenwhitmore@herefordshirecarers.co.uk

#### Are You a Carer?

A Carer is someone who provides unpaid support to a family member, partner, child, friend or neighbour who may be ill, frail, elderly, have a disability or long-term health issue or mental health issues.

Perhaps you don't think of yourself as a 'Carer'. You may see yourself as the mother, father, husband, wife, son, daughter or friend of someone who needs care, simply trying to do your best for someone you love, or perhaps doing what no-one else can or will do.

There is support available for you.

There are huge pressures on Carers - the biggest having so little control over your own life. No-one is super-human and all Carers need help, support and back-up at some point. If you're not sure what kind of support you need or whether you need support at all, please get in touch.

Herefordshire Carers Support

Tel: 01432 356068

Website: www.herefordshirecarerssupport.org Email: help@herefordshirecarerssupport.org

#### HEREFORDSHIRE SAMARITANS

A new Charity Shop is opening shortly in aid of the Herefordshire Samaritans, at 63, Whitecross Road, Hereford, opposite Bayham's garage.

If you have any clothes or bric-a-brac to give us please leave them at the shop, or we can arrange to collect, ring Rae on 01432 274800 or Jan on 01568 770007.

We would appreciate any offers to help in the shop. Also as many of your plastic shopping bags that you can spare.

The use of these premises has been generously provided (free of charge) by local developer Darren Socket.

#### Hampton Ward Newsletter July/August 2015

There have been no major planning applications or other events directly affecting the Ward this month.

On a more general note, the historic Buttermarket in Hereford now has a more secure future following a successful bid to purchase the site by a local businessman. This is good news as the market will be extended to offer a more diverse range of products and services.

The long standing dispute between Herefordshire Council and Amey has taken a step forward and the council are now considering legal action to recover the huge amount money owed to us – a seven figure sum.

BT has advised us that high speed fibre optic broadband should be available to 85-90% of the county by the end of 2016. This is good news for the large number of business and private users suffering from poor broadband speeds.

The new Herefordshire Archive & Records Centre in the Hereford Enterprise Zone, has been commended by the Royal Institute of British Architects. The building is of an energy saving Passivhaus design, with claimed operational savings of 80% compared with similar buildings designed to the current UK standards.

Herefordshire Council has recently purchased the Three Elms Trading Estate which will support the economic growth of the county and unlock access to council land which could be developed to provide further business opportunities to the city.

Balfour Beatty are continuing to provide us with a good service and to date have spent some £15m on our roads and open spaces. Another £5m will be spent this year and their new Locality Stewards are working well in liaison with our Parish Councils and with me. You can report any defects directly to Balfour Beatty, via the 'report it' section of the council web site, or to the Parish Clerk who will forward it on.

Finally, a questionnaire is now available on the council web site asking for your opinions and ideas to help the council set the budget for next year. We have to cut the budget by some £10m this financial year, so all your thoughts and ideas will be considered. You will find full details on the web site and the consultation will run until 9th October: www.Herefordshire.gov.uk/budgetconsultation2016

Cllr Bruce Baker
District Councillor
Hampton Ward
Bruce.baker@herefordshire.gov.uk

#### **BODENHAM SAILING CLUB**

Following an article in the Hereford times about building St Ayles Skiffs and a photograph which seemed to imply that the current sailing centre membership could be involved in this plan, we felt it appropriate to write and clarify the position.

The person heading up the Skiff building and racing project seen in the Hereford Times on 6th July (page 5), didn't either ask for permission for a photo shoot on the sailing centre site or formally consult the committee of Herefordshire Sailing Club where he is a member. We have a democratic committee and principles, where consultation is undertaken and a vote on progression or not takes place. For example, all of our projects are run by consultation and decisions to go with the majority opinion to achieve a good result.

The St Ayles skiffs are 22ft long minimum and some similar skiffs can be as long as 30 ft. They are typically crewed by between 5 and 9 people and were used back in the days before steam power to row a navigation pilot out to sea often for about 3 to 5 miles off shore, to meet a ship and guide it to port. With the long oars, and strong rower's they can reach high speeds. They are seen at many coastal fishing town festivals where groups of them race and quite often the Harbour master closes the harbour to allow the open space needed to race several craft.

We do not intend to have noisy racing and in fact our members often enjoy the more peaceful sailing on offer at Bodenham.

We are a community spirited group of Herefordshire people who have obtained a license to run the sailing centre at Bodenham Lake Reserve, Bodenham. Herefordshire. (HR1 3JT), from Herefordshire County Council.

Herefordshire Sailing club is open for sailing from 1st April to 31st October. Our aim is to have an affordable sailing centre for everyone in Herefordshire to enjoy sailing for the first time since 1977. Previously under local council youth services control only school, youth & disabled youth groups were allowed to use the site.

Every piece of equipment at the site is either funded from the membership fee's or donated to us or built by our dedicated members who attend working days even in pouring rain to make items specific to the sailing training and safety equipment that we need, to teach sailing and canoeing.

We have been given some abandoned boats by Llangorse Sailing Club to renovate as training craft and we have also bought a Safety Boat from Llangorse SC, which is a pre requisite to have on the water by both the Council and our insurers when we are training people to sail. The Safety boat is the only petrol powered craft allowed on the lake and has a 4 stroke engine which is more eco friendly than 2 stroke motors. The Petrol engine would be used in an emergency rescue situation and when training sailors in stronger winds.

Llangorse Sc have helped us tremendously and they see us as a training club where people learn to sail and enjoy cruising the lake at Bodenham, before progressing into racing training at Llangorse where there is plenty of room to sail in larger boats and groups.

We also plan to use an electric motor for the majority of the time not only to be less polluting and less noisy, but also to save around £1500 in petrol costs as outboard motors use gallons of fuel per hour and not miles per gallon. We could all too easily use £50 per day on petrol. But by careful thinking and building our own solar charging system we can charge "up cycled" car batteries batteries for free. The petrol engine would be saved for use in an emergency.

These are our goals and objectives for Herefordshire Sailing club and Bodenham Lake : -







- We want to open sailing at Bodenham Lake for everyone to enjoy.
- Sailing, Canoeing, Sail boarding and Model Yacht sailing included too.
- Sailing should be available for both able bodied and disabled people of all age groups.
- Schools in Herefordshire would be able to return to Bodenham Lake to teach pupils how to sail and be safe within water sports activity's.
- Youth, Scout & Guide Groups could also learn to sail and be safe within water sports activity's.
- There is also scope for everyone to learn about wildlife and nature conservation.
- We want to promote self sufficiency in energy resources by the science of wind propulsion and as much as practical, use solar energy at the site.
- In return we can offer time for free to keep the reserve clean and tidy, as currently there is evidence of litter (cans, bottles, food wrappings) at the site.
- We have a core of crafts persons who could offer their DIY or skills to assist in the maintenance of the site.
- By the gentle motion of water displaced by sailing, there is opportunity to reduce the formation of algae.
- There would be a steady flow of people at the reserve & lake who care about what happens to it and as such would reduce any inappropriate use of the facility.

For more info Email :- herefordshire-sailing@hotmail.com

## Forever Living Products

Change Development Growth Health Life Happiness

## Tricia Sanford

Independent Distributor

22 Orchard Close Bodenham Hereford HR1 3JJ Phone: 01568 797235 Mobile: 07779 613030 Email: tricia235@aol.com www.patriciasanford.co.uk





**Disability Equipment Service Herefordshire** (**DESH**) is a new local website which lists second-hand disability equipment no longer required which is being sold or given away by people who live locally. The site is administered and maintained by Herefordshire Carers Support.

It is <u>FREE</u> to advertise and simple to use.

Visit <u>www.herefordshirecarerssupport.org/desh</u>

If you prefer, you can call us on **01432 356068**.

Don't forget to register with us as a Carer if you care for a family member, friend or neighbour. We can provide you with the support you need via our support workers, a regular magazine, social events and groups.

# Would anyone like to go and see a matinee performance of Mama Mia on the 26th November at the Novello Theatre London?

I am organising a coach, we need names asap, the cost for the tickets are very reasonable £30 for £65 tickets, coach extra, the more people the cheaper the coach seats. if you are interested please call me on 01568 797185 for more details.

The theatre can only hold the tickets for a short while

Thank you Doreen Davis

#### **NEON HEATING & BOILER SERVICES LIMITED**





- Servicing, repairs and installation of:
  - Natural Gas, Oil and LPG boilers, fires, cookers and water heaters
  - Renewables biomass, solar, ground and air source heat pumps
- Unvented Hot water cylinders
- General plumbing installation, design and advice
- Landlord Certifications
- Residential Park Homes LPG repairs and installation.

Phone: 01432 880573 or 01989 569146 Email: sales@neonheating.co.uk Emergency (24hr): 07557 858174

#### **Travels with a Camera**

Bodenham Chapel HR1 3HR

7.30pm until 9.15pm (approx)

Admission £3.00 in aid of Hope Carriers Trust and Ear Aid Nepal (unless stated)

#### Wednesday 9th September

"A South American Journey"
Buenos Aires to Santiago via Argentina and
Chile

Presented by Ian Pusey

#### Friday 2nd October

"Journey to Namibia"
a tantalising glimpse of this extraordinary
country
Presented by Doug Pearson

**Hereford Coeliac Group's** 

# FREE FROM & GLUTEN FREE FOOD FAIR

on

SATURDAY 19™ SEPTEMBER 2015

at

HEREFORD LEISURE CENTRE

Holmer Road, Hereford, HR4 9UD

11:00am - 2:00fm

- ★ Christine's Puddings ★ Dr Schar ★ Fish & Chips
- ★ Greens Beers ★ Juvela ★ Somerset Sausage Co ★ Udi's
- ★ Voakes Free From ★ Yippee Foods★ & many more...

Entry by Donation

From the Editor,

The next newsletter is the October issue. The deadline for contributions is 18th September 2015. You can email your contributions to either of the email addresses below or send via the contact page on the website: www.1and6.co.uk (Disclaimer: this is a service provided as a courtesy and is no way connected with Bodenham Parish Council or the Parish website)

You can sign up to receive the newsletter by emailing me at susan@bodenhamnewsletter.co.uk Contact me
Susan Haworth

orchardthings@hotmail.co.uk Tel: 01568 797872