

Bodenham Newsletter



June 2013

4th	Gardening Club Question Time	15th	Summer Fete at the Church
6th	Mothers' Union	20th	Violin Concert in Church
6th	Knit-In	24th	Leisure Club Picnic Lunch
8th	BRSB Book Sale	25th	Flood Group Meeting
8th	Table Sale @ Parish Hall	28th	Lugg Valley Friends Ploughmans and Puddings Lunch
10th	Leisure Club Beetle Drive	29th	BWg to Llangollen Canal
14th	BWg Croquet and Crazy Golf		

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St Michael & All Angels' Church, Bodenham

Dear Friends,

As I write this the rain is pouring down and after a wet winter and a cold spring we long for warm sunshine and summer days. I was reminded of this prayer by Frances Hawkey of the Iona community, that calls us to give thanks for the rain, God's gift to us.

Loving God, Creator of Water
on which all life depends,
we are close to you on this wet day.
Thank you for the rain, which softens and refreshes the earth,
making springs rise and streams flow.
Thank you for rivers, lakes and oceans
and for all that lives beside them and in them.
Thank you for all that is green and growing.
Thank you for the rain on which our food depends.
Thank you for water in our taps.
We pray for all those in drought-stricken lands,
where women trudge for many miles for water and the land is dry and barren.
Thank you for clean water.
We pray for those whose water is contaminated, bringing disease and death.
Thank you for the rain washing the earth, cleaning the air in the cities,
sparkling as jewelled droplets in the sun,
bringing out deep colours in rocks and stones.
Thank you for warm clothes and dry houses.
We pray for all who are living rough or in inadequate housing.
Thank you for the rain without which there would be no rainbows!
Forgive us when we grumble or complain on wet days.
Forgive us when we only want sunshine in our lives.
Forgive us when we take for granted and waste your life-giving water.
So, our loving Creator, thank you for this wet day. Amen.

Yours in Christ,
Heather

St Michael & All Angels' Church Bodenham

SUNDAY SERVICES FOR JUNE 2013

June 2nd	8.00am Holy Communion (Preb Bill Massey) 6.00pm Evensong
June 9th	9.30am Sung Eucharist (The Revd Heather Short) 6.00pm Evensong
June 16th	9.30am Family Communion (The Revd Heather Short) 6.00pm Evensong
June 23rd	9.30am Sung Eucharist (Preb David Roberts) 6.00pm Evensong
June 30th	GROUP SERVICE at BODENHAM 10.00am Sung Eucharist (The Revd Heather Short) 6.00pm Evensong

HOLY COMMUNION AT SIWARD JAMES CENTRE

There will be a celebration
of Holy Communion
at the Siward James Centre
on
Friday, June 28th
at
11.00am.

All are welcome to attend.

PARISH COUNCIL NEWS

NEIGHBOURHOOD PLANNING IN BODENHAM

Bodenham Parish Council has begun the process of producing a neighbourhood development plan. A neighbourhood development plan can establish general planning policies for the development and use of land in a neighbourhood, including, for example, where new homes and offices should be built and what they should look like. The plan can be detailed or general, depending what local people want.

Neighbourhood plans allow local people to get the right type of development for their community, although the plans must still meet the needs of the wider area, which means that Bodenham's neighbourhood plan will have to take into account Herefordshire Council's assessment of housing and other development needs in the area and will have to be approved by Herefordshire Council. The plan will also have to be approved by the people of Bodenham in a referendum.

PARISH MEETINGS

On Monday 13th May three parish meetings took place at the Siward James Centre. These were:

*** the annual parish meeting, at which reports were received from:**

Bodenham Flood Protection Group
Bodenham Community Charity
Bodenham Leisure Group
Bodenham Chapel
Bodenham Parish Council Chairman

*** the annual parish council meeting at which the following elections to Parish Council positions:**

Chairman - Councillor Bob Clarke
Vice-chairman - Councillor Robin Knott
Parish Hall representatives - Councillors Rhiannon Powell and Roger Austin
Emergency/Flooding representative - Councillor Tony Mitcheson

*** the monthly Parish Council meeting**

The minutes and of all these meetings and the reports can be found on the Parish website - www.bodenhamparish.org.uk

DISTRICT COUNCILLOR'S REPORT

Cllr Jeremy Millar's May report can be seen on the next page.

BODENHAM LAKE

From The Guardian, Saturday 18th May:
"A feature in last Saturday's Travel section on 10 places suitable for 'wild swimming' included an item on the River Lugg at Bodenham in Herefordshire and referred to a beautifully clear lake there with pebble shores. Herefordshire County Council, which manages the lake, has asked us to make it clear that, as the site by-laws state, swimming in the lake is considered hazardous, and is therefore discouraged."

DID YOU KNOW

..... that you can see a list of decisions made about planning applications in Bodenham on the parish website, as are future events taking place in Bodenham. www.bodenhamparish.org.uk is the website address.

BODENHAM PARISH COUNCILLORS

Bob Clarke (Chair) 01568 797670
rwc@steppes.plus.com

Robin Knott (Vice-Chair) 01568 797835
robinknott835@btinternet.com

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Tony Mitcheson 01568 797170
BabsMitcheson@aol.com

Jeff Pollard 01568 797228
jeffpollarddecorating@googlemail.com

Rhiannon Powell 01568 797132
rhiannon.powell@gmail.com

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District Councillor's Report

Two years in

It is two years since the voters of Hampton Court Ward elected me as their Councillor, so I wanted to reflect on some of the things which have happened so far, and to touch upon just a few in which as your Ward Councillor I have been directly involved:

- * Flood relief schemes have been completed in Bodenham, and funds have been agreed for a scheme in Hope under Dinmore next year

- * A number of constituents have been supported with planning application advice, and with other disputes or problems

- * With current financial pressures, the future of countryside services is one of significant risk. I am working with the Queenswood Management Panel and officers to look at how Queenswood Country Park might be managed by a community trust to reduce the risk to the jewel in Herefordshire's countryside crown

- * I have attended 80% of all PC meetings in support of the communities I serve

- * I have worked with other Cllrs with A49 issues to get a Highways Agency safety review of the A49 through north Herefordshire this year

- * Neighbourhood planning is a key element of the Localism Act which came into force last year. I have arranged a number of meetings with Parish Chairman, and with Parish Councils, resulting in greater understanding of the opportunities and risks of neighbourhood planning, and it is pleasing to see that one Parish in the Ward has now registered to take forward work on a Neighbourhood plan, whilst several others are having discussions.

Road works

Just a reminder for residents of the Ward that New Market Street in Hereford is closed eastbound from Edgar Street roundabout to the junction with Widemarsh Street for 4 weeks from 12th May 2013, whilst major sewage works are undertaken. Diversions are in operation but drivers travelling in and out of the city must expect delays.

County finances

This year the County faces its toughest financial situation for many years. Mainly as a consequence of central government reductions in Local Authority funding to help deal with the national financial challenges, over the past two years the Council has had to make budget reductions in excess of £21m. With further reductions in funding for the next three years, increased pressure on priority services such as social care, and inflation, the Council has had to plan to save a further £32m over the next three years.

Whilst this level of funding reductions is challenging for the Council, it also represents an opportunity for the Council to position itself strongly for the future. The Council will continue to deliver its core community services, but may now be unable to support a range of non-core services in the future – although the opportunity for communities or other organisations to manage more things locally will increase.

Some examples of this have already happened in the last couple of years with new community libraries, community asset transfers, and local youth services.

There is no doubt that we shall all feel the effect of these budget reductions over the next few months and years. The Council has already lost 280 posts in the past two years. The same number again could be lost through 2013 to 2014.

The detail of which services will be affected, and to what extent, is to be decided by the Cabinet on 16th May 2013.

Changes at the top

Many people will have seen in the media that there are changes in the leadership of the Council, and within political groups.

Cllr Sebastian Bowen from Bircher Ward has been elected leader of the Independent group of Councillors, the largest group after the Conservative group which forms the administration. Cllr Bowen replaces Cllr Bob Matthews who has stepped down.

The Conservative Group has elected Cllr Tony Johnson from Hope End Ward to replace Cllr John Jarvis who is stepping down after two years as leader of both the group, and of the Council. It is anticipated that Cllr Johnson will be formally elected Leader of the Council at its next meeting on 24th May 2013.

Boundary Commission changes

The Boundary Commission has been reviewing the number of Wards in Herefordshire for several months and has now announced the new Ward configuration which will come into effect from May 2015.

The Council will reduce from 58 Councillors to 53 – importantly there will no longer be any double or triple handed Wards in the towns or city. As in the rural Wards now, in future it will be one Councillor, one Ward. Hampton Court Ward will have some changes. The Parishes of Hope under Dinmore and Newton west of the A49 will be lost to a different new Ward stretching from Lyde up the west of the A49 to Hope under Dinmore.

To the east, five parishes will transfer to the new Hampton Court Ward. These are Thornbury, Collington, Edwyn Ralph, Wacton, and Bredenbury. Pencombe with Grendon Warren, and Little Cowarne to the east of Bodenham will also be added to the new Ward which will be renamed Hampton Ward.

Please let me know if you want more information. If you need to contact me please either email me at jmillar2@herefordshire.gov.uk or phone me on 07767 441003 and I'll get back to you as soon as I can.

Jeremy Millar
District Councillor, Hampton Court Ward
May 2013

BODENHAM CHRISTIAN FELLOWSHIP

(Chapel Lane, Bodenham)

Programme for **June 2013**

Date	Time	Service & Leader
2nd	9.00am	Praise and Prayer
2nd	10.30am	Worship Service - Malcolm Roberts
6th	7.30pm	SASRA Meeting - Bob Elliot
9th	10.30am	Worship Service - Steve Sully
16th	10.30am	Fellowship Service & Communion
23rd	10.30am	Worship Service - John Waldegrave
30th	10.30	Worship Service - Peter Lefroy-Owen

Praise and Prayer on Sunday 2nd June will be followed by a simple breakfast. Coffee will be served after all services.

Tuesday 11th June at 7pm BCF Annual Meeting followed by Members' Meeting.

Cafe @ Chapel meets every **Thursday** morning. Why not call in for a coffee and a chat at any time between 10.30am and 12 noon.

Thursday 6th June at 7.30pm TSR Bob Elliot will talk about his work with SASRA, at Bodenham Chapel.

Midweek Study & Discussion Group meets on **Thursdays at 7.30pm** in members' homes. Visitors are welcome to meet with us as we study *Promises in the Bible*. Contact Peter Lefroy-Owen for more information.

Ladies Bible Study at the Chapel at 10am on **Tuesdays 4th, 18th and 25th June** to continue our study of Matthew's gospel. Please contact Margaret Seccombe (797094) for further details.

Contact Peter Lefroy-Owen (760580)
Secretary: Pat Horrigan (797044)

BODENHAM ROMANIA SUPPORT GROUP

Saturday 8th June

BRSB Book Sale at Bodenham Chapel at 10.30am.

Bargains of Books, Plants and Bric-a-Brac can be bought (or brought if you wish to donate any). Refreshments available.

Thursday 6th June Knit-In at 7 Ashgrove View from 2 - 4pm. Visitors are always welcome, we don't charge anything and will provide you with wool if needed. We are always very grateful for any spare rug or knitting wool. Chairman: Pat Horrigan (797044)

BODENHAM MOTHERS' UNION

Thursday 6th June at 10.30am: Quiet Morning at Hennor led by Rev. Nick Horton.

Branch leader: Pat Horrigan (797044)
email: mu@themothersunion.org

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BODENHAM FLOOD GROUP

This Month's Meeting

June 25th

at

Siward James Centre

at 7.30pm

If you are unable to attend or have points which you would like to be raised at the meeting, please contact the Secretary Mrs Babs Mitcheson 797170



Wednesday Evenings

Smith Memorial Hall

Withington

**Come along and listen to the New
Member Talk**

**at 7:30pm with no obligation to
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Linda 01432 761821

Mob 07837 186659

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Bodenham Flood Protection Group

Invite you to a

Quiz Night

On Saturday 25th October at

Bodenham Parish Hall

Doors Open 7pm

**Entry is £6 per
person**



Including Refreshments

Tables for 6

Bring your own wine – glasses available

Prizes for Winning Table

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BODENHAM RAMBLERS SUMMER WALKS PROGRAMME 2013

All walks start at 10 am unless otherwise stated.

Any queries about walks please contact leaders.

BRING PACKED LUNCH UNLESS OTHERWISE STATED

Date	Description	Mile s	Start	Grid Ref	Leaders
Wed 5 th June	Lower Lydbrook. River & Coppet Hill. One steady climb, lovely views. 6.5 miles if hot. Moderate	7.5	Left at Lower Lydbrook. After 0.5 mile park on strip of waste land after small road on left. Phone box on right.	OL14 591175	Mary Watkins 01432 273432
Thurs 13 th June	Invite from Hfd Ramblers. Milton Hill and Brilley. Return 2-2.30 for tea @ £3 per person. Moderate	6	Brilley Court £4 garden fee on arrival. Phone Mary Watkins to book by 6 th June.	EXP 201 259489	Mary Watkins 01432 273432
Sun 16 th June	Park Wood, Rhos Fawr, Rhos Fach, Witches Pool. Good views Black Mountains and Beacons. Moderate	7	CP on edge of Talgarth SP off bypass.	OL13 336153	Jim & Joan 01432 268268
Wed 26 th June	Ullingswick, Little Cowarne. Moderate	7	Moreton Wood. Car Park will be marked. Lane entrance GR593494	EXP202 Car Park 593494	Tony & Kay 01568 797943
Sun 7 th July	Woodland walks with views and climbs. Moderate	6	Overton Common Car Park	EXP203 497718	Wendy & Ray 01432 272031
Wed 17 th July	Start at Bodenham, walk SE to Rosemaund Vodka factory!! Moderate	7	Bodenham Parish Hall	EXP202 544514	Peter Wilson 01432 880125
Sun 28 th July	Monmouth area. Moderate	7	Monmouth Cattle Market	OL14 505125	Stephen & Margaret 01432 880950
A huge thank you to all the villagers who joined us for the Bodenham Spring Festival Walk on Sunday 5 th May. The weather was kind to us and we hope everyone enjoyed themselves. Anyone wishing to join the club will be most welcome, just ring Brenda or Eddie for more information.					

For details of the Bodenham Ramblers please contact the Chairman, Eddie Phillips on 01432 266994 or Secretary, Brenda Richardson on 01568 797035.



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- Assistance with fresh Meal Preparation
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- Walk the dog and feed the pets if necessary.
- Trained friendly staff to offer reassuring support.

Please come and talk to us, if you do not see the care service you require listed above.

Call Tara or Helen on **01568-620129** at **Abelia Care Services Ltd** for further information on any of our Care Services - or come and visit us at the offices near the Leominster Library Monday to Friday

Parish Hall News

Parish Hall Management Committee meetings

These are held at least quarterly, usually in the Parish Hall and members of the public are always invited to attend. The next one will be on Wednesday July 10th at 7.30pm. You can just turn up or give one of us a ring to chat through what's involved if you are interested in helping in any way. My personal responsibility is fund raising and the writing of Parish Hall News each month. I would really welcome some help with this.

Flicks

Look forward to Quartet with Maggie Smith, Michael Gambon, Tom Courtenay & Pauline Collins next season.

Produce Market and Table Sale from 10am to 11.30am

These started again in March and are usually on the 2nd Saturday of the month from 10am to 11.30am. The dates fixed for the future are Sat 8th June, Sat 13th July and Sat 10th August. Please, please come along and see what's on offer and have a chat to friends. We usually have tea/coffee and biscuits available for just 50p.

100 CLUB

The May and June draws will take place at the Gardening Club on 4th June. There are currently over 100 members. If you feel like you're missing out then contact Bodenham Parish Hall 100 Club Secretary, Rob Parker, Cheney Court, Sutton St Nicholas HR1 3DF on 01568 797091 or a Committee member, together with your remittance of £12 per share or email Rob on robert.parker@btconnect.com and you can have a ticket for the year starting now. There's nothing to stop us having more members. Exactly half the income will be paid out in prizes regardless of how many people take part. If you haven't renewed yet it's not too late, but please do it quickly by contacting Rob Parker. Thank you.

Bodenham Spring Festival

We hope you enjoyed it. We did. It made excellent use of the Hall and its car park for several events and the Festival donated £1733.84 towards the new kitchen at the Hall. See the article elsewhere in the Newsletter for a complete review of the event.

The Kitchen and new chairs

We are pleased to announce that the Awards for All Lottery grant has come through. We were awarded the full amount we asked for: £9932. This has to be match funded by us. The chairs are on order and are expected any day now. The kitchen is at the final planning stage and will be in place by the end of the Summer, we hope.

Bodenham Parish Hall Regular Activities Schedule

Clubs & Societies

Club	Meets	Contact
Leisure Club	Monthly on the 2 nd and 4 th Mondays, 2.30 - 4 pm.	Secretary - Gwenllian Bowden 01568 797868
Gardening Club	Monthly on the 1 st Tuesday, 7.30 pm.	David Griffiths - 01568 797427
Sequence Dance	Monthly on the last Saturday, 8 pm.	Mrs Potter - 01432 880373
Flicks in the Sticks	Sep-Apr: One Friday each month, 7.30 pm.	Chris James - 01568 797451

The Week's Regulars

Day	Activity	Contact
Monday	Tai Chi 10.00-11.30am (TT) Keep Fit, Body Tone, Aerobics & 6.30-7.30pm.	Julian Kemp 01568 614468 Emma Caldwell 01568 797210, 07971009691
Tuesday	Pilates 6-7 pm. Airgun Club 8 pm.	Jennifer Grumbley 01568 797395 Ian Linton 01568 797375
Wednesday	Tai Chi 9.30-11.00am (TT). Yoga 6.00-7.30pm (TT) Badminton 8 pm.	Julian Kemp 01568 614468 Fiona Hawkins 01432 860270 Rob Parker 01568 797091
Thursday	Bellydancing 7 - 8.00 pm and 8 - 9.30 pm	Abbie Mason 07962161081 Email alanya@alanyabellydance.com Website: www.alanyabellydancer.webs.com
Friday	Pilates 10-11am.	Jennifer Grumbley 01568 797395

(TT): term time only

Please contact any of the people below if you are interested in helping Mary Nickols

Committee

Robin Knott (Chair)	01568 797835	Gwenllian Bowden (Sec'y)	01568 797868
Dennis Jackson (Treas)	01568 797404	Ian Linton (Vice chair)	01568 797375
Laura Marsh (Minute Sec'y)	01568 797529	Mary Nickols	01568 797144
Rob Parker	01568 797091	Margaret Hughes	01568 797285
Chris James (Flicks)	01568 797451	Roz Reader	01568 797426

Hourly Rates

Main Hall	£9.50 (Minimum Charge £12.00)
Committee Room	£5.00 (Minimum Charge £6.00)
Stage Only	£5.00 (Minimum Charge £5.50)
Store/Back Room	£8.00 (per evening)
Party/Dance/Disco	£120.00 (£100 deposit)
Concerts/Musical Evenings	£60.00
Quiz Nights	£30.00
Bingo	£30.00
Children's Party (Under 14 years' old)	£25.00
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- Sustainably produced Barbecue Charcoal
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BODENHAM GARDENING CLUB

June 4th - Gardeners Questions with Reg Moule and Mike George, visitors £4.

July 2nd - 7pm Ticket only, venue to be announced later.

Bodenham Gardening Club

**Gardeners Question Time
with
Reg Moule and Mike George
from
BBC Hereford and Worcester**

will be at our

**June the 4th meeting
at 7:30pm in
Bodenham Parish Hall.**

Visitors £4:00

There will be a Raffle and Refreshments.

BODENHAM LEISURE CLUB

On **Monday 10th June** at 2.30pm we meet in the Parish Hall for a "Beetle Drive". These are always great fun and will be followed by light refreshments.

We shall have the Sales Table and Raffle.

At this meeting names will be taken for attendance at the next meeting on the 24th.

On the **24th June** we shall meet in the Parish Hall at 1pm for a "Picnic Lunch" which will be prepared by a local, outside caterer, Shirley Simcock.

There will be a Raffle and Sales Table.

REPORT FROM AGM APRIL 2012 – APRIL 2013

The Leisure Club has 40 members and averages approximately 25 each meeting.

The meetings are held twice monthly, mostly held in the Parish Hall.

We have had a variety of interesting talks including strawberry production, Herefordshire Nature Trust 50 years on, all you need to know about Wills, Bridges on the River Wye, a day at the seaside but our big event was the fundraising event for the Army



Benevolent Fund last October which raised £221.70. We have had quizzes, bingo, social and musical afternoons. There are usually three trips a year and three lunches which the committee organise in the Parish Hall. We always go out for the Christmas Lunch, last year to the Brockington Golf Club. The meetings, in the Parish Hall, always have a Raffle, Sales Table and light refreshments.

Unfortunately, we have had two committee members stand down and we are looking to replace them. New members are always welcome as it is important to keep this Club going.

Thank you.

Gwenllian Bowden

Secretary/Programme Secretary

Tel. No. 01568 797868

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Sat 8th June 2013

Sat 13th July 2013

Sat 10th August 2013

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or Mary Nickols 01568 797144

BOWLING CLUB

The 2013 season has got underway but we really would prefer to play in warmer conditions.

We are delighted to have some new members and very soon it is hoped they will feel able to sign up for some of the friendly matches. It is not too late for anyone else in the village who would like to have a gojust turn up on a club night with a pair of flat shoes and you can borrow a set of club woods and have a roll up.

The teams have been drawn for the club competitions so PLEASE do check the board to see who is captaining the team you are in, when you are scheduled to play and ensure that if you are unable to make a scheduled match that you advise the captain ASAP. The telephone numbers of the captains will be on the back of the fixture list.

In June we have 4 home matches and 3 away so if you are able to assist with the catering requests for the home matches please sign up on the list on the board.

The men's league on a Wednesday has 2 away matches and 1 home fixture so if catering is required Ann Bishop will post a list on the board.

Club night is Monday with the chance for a roll up also on a Wednesday on 2 rinks

Here's hoping for a run of dry sunny weather on club evenings and match days.

Wishing you all a successful month of club nights and matches.

Barbara Gibson (secretary)

Bodenham Spring Festival 2013

I think it's fair to say this was a success!! This was because Bodenham responded so positively to everything. From the minute I saw the first two scarecrows, the cricketer and Sponge Bob, I had a feeling it was going to work. We made 65 scarecrows (I even made one myself) and what scarecrows!! It was the talk of the village and got everyone in the mood for what was to happen.

None of it would have happened without the support of so many people. The Parish Council's grant meant we could invest in the very professional brochure which set the standard of the Festival, thanks to Sam and Steve from Rivers Media. I would also like to take the opportunity to thank Rowland Hunt at the Post Office for allowing us to display so many posters and for selling the scarecrow forms, Steph Annette for judging the scarecrows and Les Herbert for opening the footpath and new play area at the school. The success of the Big Event was helped by the kind sponsorship of Sharon from Saffrons who supplied newspapers free of charge and of Wynne's, Legge's and Tudge's for very advantageous pricing of their foods. Also to Jim Henshaw who talked 85 people into showing their vehicles for no payment. Thanks are also due to those who provided venues for the events. Tim Wilson at the school, David Hill at the Chapel, Heather at the Church, Alex at Broadfield Court, Gina and Kevin at Brockington Golf Course and Evelyn at the England's Gate. Also my huge thanks go to all the volunteers who did everything from play guitar, wash up, deliver brochures, provide water to the fun runners, read poetry, flip burgers, stack chairs and make cups of tea. I would like to name them all but it is impossible. But thank you.

It was a financial success too with proceeds from:

- * the Poetry evening - £195 going to the Church,
- * the Texas Scramble at Brockington Golf Club - £181.50 shared between St Michaels Hospice and the Parish Hall,
- * the quiz at the England's Gate - £200 to Air Ambulance,
- * the Music evening at the Chapel - £40 shared between INF hospital and Hope Carriers,
- * the Scarecrow Competition, Fishing competition, Big Breakfast, Produce Market, Amateur radio, Fun run BBQ, Art Exhibition, Texas Scramble, Ceilidh and donations - a total of £1733.84 towards the new Parish Hall kitchen.

Since the end of the Festival we've met and discussed the future. The general opinion was that a Festival every other year would be a good idea and that we should have a meeting every few months from now on to float new ideas and keep things alive. The first will be in October, so if you would like to be on board, please come along. The actual date will be confirmed in a forthcoming Newsletter.

We also hope to have an event to celebrate the opening of the new kitchen but until we have a date for its completion, we cannot provide any more details at the moment. Watch this space.

NOTE: a pendant was found at the end of the Ceilidh. If it could be yours, please phone me, Mary Nickols, on 01568797144.

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BWg

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Friday 14th June

Meet Parish Hall car park at 9.45am. Play 10.30am to 4.00pm (or earlier)

Donation to the Acorns Trust of £3 or more.

Numbers will be restricted to around 20 people.

Inexpensive lunch at the Golf Club (no denim jeans).

Please contact lyn.pollard50@btinternet

or phone her on 01568 797228

for more details and booking.

Langollen Canal Boat trip Sat 29th June

Contact Linda Creaton phone 01568 797473

linda.creaton1@sky.com

AUGUST

Sun 4th August a 2 day mini-break to Bath and Longleat
£84 (4 star Hilton Hotel, D,B&B, all coach travel, day ticket to Longleat house and Gardens and Safari and Adventure Park).

More details from Linda Creaton 01568 797473

linda.creaton1@sky.com

SOMETIME IN THE SUMMER

Strawberry tea at Anita's, Early evening BBQ with partners at Mary's

And Red kites feeding at Gigrin Farm - Nina

SEPTEMBER OR OCTOBER

Ghost Walk in Hereford

Contact Ann Herbert 01568 797571 or

OCTOBER

Members speak and eat cake, but not at the same time.

Thurs Oct 10th 7.30pm Free event at the Chapel.

Bring cake to share and listen to speakers selected from our membership.

Plenty of time for a chat and tea/ coffee (provided) or wine (BYO) afterwards

If you are happy to give a talk or to bring a cake please

contact either Kath Tremain 01568 797751

or Kay Clark 01568 797943

Archery date to be confirmed in October,

Contact Ann Hartfield

NOVEMBER

Ann's Christmas tree workshop Ann Hartfield

DECEMBER

Christmas Decoration Workshop with Pat Crane

Contact Pat Austin 01568 797994

For membership details phone our Treasurer,

Anita Griffiths 01568797929 or any below.

Subscriptions are now 50pence per annum.

Sally Doody-Henshaw 01568 797066

Carol Kirkpatrick 01568 797022

Debbie Mould 01568 797910

Roz Reader 01568 797426

Kath Tremain 01568 797751

Mary Nickols 01568 797144

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Bodenham Carers Group takes place on the 3rd Monday of each month between 2.00 and 3.30 pm at Siward James Community Centre. If you care for a member of your family, a friend or neighbour, then you are a carer - why not come along and join us for coffee and find out more about Herefordshire Carers Support.

June - no meeting but join in the Carers Week activities 10th-16th June
 July - no meeting but join the summer trip
 August - summer break - no meeting
 September 16 - speaker to be confirmed

If you have ideas for speakers for the autumn programme please let us know

For more information please phone Helen Whitmore at Herefordshire Carers Support on 01432 356068 or email helenwhitmore@herefordshirecarers.co.uk

National Carers week June 10th-16th

This is the week when the focus is on Carers – that is people who care for or support, without payment, a partner, relative, friend or neighbour who could not manage or who would not be safe without that help. It includes parents who care for a child with a disability and young carers who care for a parent or sibling who has a disability.

The campaign this year (Prepared to Care?) will focus on how carers in the UK cope with that role, how effective is the Government in supporting them and whether as the population as a whole we are prepared for future caring responsibilities.

It is estimated that Carers save the economy £119 billion per annum and that 3 in 5 of us will become carers in our lifetime.

Through Prepared to Care? Carers Week will highlight the impact of caring on daily life and, with an ageing population and higher incidence of disability and serious illness, encourage us to think whether we can take on that caring role.

When we did the Parish Plan in Bodenham 79 people ticked the box that suggested they wished to know more about carer support and so the Bodenham Carer Group was established and has been running for just over a year. The meetings are held on the third Monday of the month at 2pm at the Siward James Community Centre, and are a mixture of information and social occasions – with refreshments!!

At present only a small number of carers come and we are aware that there must be more people in the village who perhaps would find the meetings useful – a chance to share experiences, or problems, find out information or just chill out. Alternative care or a lift can be provided if needed.

If you, or someone you know is a carer please feel free to come along when the meetings start again in September. In the meantime there are various trips and activities over the summer for anyone who registers with Herefordshire Carers Support. You can register by calling 01432 356068, or email help@herefordshirecarerssupport.org or for an informal chat give me a ring – Margaret James on 01568 797096 – evenings are best.



StAr ToTs FuN gRoUp for babies 0 – 3 years

A new social activity in our village for you to bring your little ones to and have some fun!

Everyone is welcome, mums, dads and grandparents.

At St. Michael's School in Bodenham (to find us just follow the signs for the Church)

On Friday mornings 9.30am – 11.00am

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Just come into School Reception

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Or Dawn Stanley on 0781 497 5150



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FROM 12 NOON TO 2.00PM

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The Committee of Lugg Valley Friends would like to thank everyone who supported the Quiz Night at Bodenham Parish Hall on Friday, 26th April 2013, which raised £298 for Cancer Research UK
 A very special 'Thank You' to Rowland for once again, giving his time to be our Quiz Master.

Events Later in the Year in Aid of Cancer Research UK
TUESDAY 5th NOVEMBER 2013
 Coffee Morning at Siward James Centre 10am to 12 noon.

FRIDAY, 6th DECEMBER, 2013

Christmas Bingo at Bodenham Parish Hall 7.30pm

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etc etc will be very welcome.
Contact Liz Davies and Thelma Butcher.

Also:

Violin Concert
by

Tom Bowes
in the Church
on

Thursday evening
20th June 2013

From the Editor,

The next issue of the newsletter is June. The
deadline for adverts and contributions is 18th June.

Email your contributions to either of the email
addresses below or via the contact page on the website.
www.bodenhamnewsletter.co.uk

You can sign up to receive the newsletter by
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Don't forget there's also the Parish website:
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