

## **DEFIBRILLATORS ARE GO!!**

Thanks to the generous contributions of many local residents and businesses and the hard work of Margaret James, Rhian Powell and others, the Parish now has two defibrillators ready for use in an emergency.

You can find them at:

- **Bodenham GP Surgery in Brockington Road.** The defibrillator is on the outside wall to the left of the entrance.
- **Bodenham School in Church Road.** The defibrillator is on the outside wall of the classroom to the right of the main school entrance.

Each defibrillator box is protected by an alarm, but obviously in an emergency that should simply be ignored.

Twenty-two residents recently attended a very helpful training session. However, **anyone can use a defibrillator in an emergency – no training is required.** The defibrillator itself gives you step by step instructions on what to do. Also, the first action you should take is to dial 999 and so the Ambulance Service will also be there to guide you by telephone until an ambulance arrives.



The defibrillator is for use only **if there is no movement or response from the casualty and the casualty is not breathing.**

**You can't do any harm to a casualty by using the defibrillator** – it will only deliver a shock if it assesses that the casualty needs one.

The procedure is:

1. Dial 999 for the ambulance service as soon as you realise the casualty is seriously unwell. The ambulance service will talk you through the following steps as you do them.
2. Make sure the casualty is not lying on a wet surface.
3. Take the defibrillator out of its carrying case and make sure the Adult/Child selection switch (top left) is in the correct position to match the casualty – *i.e.* an adult or child under 8 years old.
4. Press the green button to start. Follow the voice prompts.
5. Quickly remove clothing from chest and stomach – cut or tear if necessary. There are scissors in the accessory pack inside the carrying case.
6. Pull the pads out of the right side of the machine by pulling tab.
7. Tear open the pads packaging and look closely at the picture on each pad.
8. Peel off the pads and position according to the picture – upper right and lower left chest
9. Press the pads firmly in place. If there is a lot of chest hair which might prevent the pad from staying in place, quickly shave the hair. There is a razor in the accessory pack.
10. Listen carefully to the voice prompts to determine if a shock is necessary.
11. If a shock is needed **make sure no-one is touching the casualty**, press the orange button and stand clear.  
**ON NO ACCOUNT TOUCH THE CASUALTY**
12. If no shock is needed the voice prompt will tell you.
13. Listen for the voice prompts to begin CPR.
14. Continue to follow the voice prompts until medical help arrives and they have taken over from you.