

<b>Club</b>	<b>Meets</b>	<b>Contact</b>
Leisure Club	Monthly on the 2nd and 4th Mondays 2.30 – 4.00pm	Gwenllian Bowden Chairperson 01568-797868
Gardening Club	Monthly on the 1st Tuesday 7.30pm	David Griffiths 01568-797427
Flicks in the Sticks	Sept – April 2nd Friday 7.30pm	Ann Hartfield and June Stephens 01568-797932

<b>Weekly</b>	<b>Activity</b>	<b>Contact</b>
Mondays	Tai Chi 10.00 - 11.30am (TT)  Body Fat Shred 6.30 – 7.30pm	Julian Kemp 01568-614468  Emma Caldwell 01568-797453 07971-009691 <a href="mailto:eicaldwell@hotmail.co.uk">eicaldwell@hotmail.co.uk</a>
Tuesdays	Pilates 6.00 – 7.00pm	Emma Caldwell (as above)
Wednesdays	Yoga 9.30 – 10.45am (TT)  Yoga 6.00 - 7.30pm (TT)  Badminton 8.00pm	Sarah Williams  Fiona Hawkins 01694-720294  Rob Parker 01568-797091
Thursdays		
Fridays	Over 50s Exercise 9.00 -10.00am  Pilates 10.30-11.30am	Miranda Davies 01432-830675  Emma Caldwell (as above)

TT - Term Time only