

Company No: 7495168

**Herefordshire Rural Hub CIC** 

Agriculture House

Hereford, HR4 9QJ

Tel: **01432 268 428** 

**Tillington Road** 

**Beech Business Park** 

# **Herefordshire Rural Hub**

# **Helping Rural Businesses Thrive**

# **November 2019 Newsletter**

A brief introduction about a local rural organisation, which sometimes goes under the radar.....

# IAgSA – The Institute of Agricultural Secretaries and Administrators

IAgSA is a professional organisation and was incorporated in 1967.

Our members offer a wide range of services to farming and rural businesses in the UK, and we have a great **Herefordshire** Branch, which is thriving (3)

#### Who can be a member?

Farm administrators, bookkeepers, rural business administrators, farm secretaries, accountants, land agents, estate administrators and others; including family members who are now 'doing the paperwork' by default!

#### Membership Levels -

There are various levels of membership e.g. *Full membership* - aimed at fully qualified and/or experienced in farm business administration and bookkeeping etc through to *Subscriber* which gives you subscription to the monthly bulletin - ideal if you simply want to keep up to date with news in the bookkeeping and farming sectors!

#### How do members benefit?

- Receive a monthly bulletin, which is industry-recognised & rich in legislation and technical info!
- IAgSA liaises and works with industry stakeholders, the government and others on farming issues that affect our members and their clients.
- Training and networking, which is important in this changing and at times, isolated industry.

Come along and see us at the Rural Business Advice Day on 20<sup>th</sup>
November. We will have a stand and are happy to chat about all things
'bookkeeping' in the rural office – from MTD to filing!

#### IAgSA Herefordshire Branch Contact details;

Chairman: Hannah Bryan - 07773 935469

Secretary: Lesley Morden

Email: iagsa.herefordshire@btinternet.com

Treasurer: Frances Keogh

IAgSA (national) website: https://iagsa.co.uk

# Administrator

**Caron Johnson** 

Co-ordinator

# **Frances Keogh**

admin@herefordshireruralhub.co.uk

hub@herefordshireruralhub.co.uk

# **Event bookings**

Tel: 01432 353 465

bookings@herefordshireruralhub.co.uk

#### **Hub Directors**

Liz Lloyd (Chair) Chris England Christine Hope Cathy Meredith Dan Robertson Kate Speke

### **Hub Hot Group**

The Directors and .....

Jenny Beard

Ben Corbett

**Paul Crumpton** 

**Catherine Every** 

Charlotte Gibb

Clare Greener

Caron Johnson

Rachel Jones

Frances Keogh

Andy Offer

Julian Partridge

Nick Read

# Disclaimer

The Herefordshire Rural Hub accepts no liability for any direct, indirect or consequential loss arising from any action taken in reliance on the information contained in this newsletter.



www.herefordshireruralhub.co.uk/go-to-businesses/

Berrys --- DJM Consulting --- Moule & Co
Hope to Achieve --- 7Y Training --- CXCS
Davis Meade Property Consultants
Lanyon Bowdler Solicitors
Mortimer Rose Wealth Management

If you would like to be a "Go to Business" go to:http://www.herefordshireruralhub.co.uk/apply-become-go-business/ or contact Frances for more information — Email admin@herefordshireruralhub.co.uk



# Have you got this date in your diary??

Wednesday 20<sup>th</sup> November, 12noon till 6pm
It is the 10<sup>th</sup> Herefordshire Rural Business Advice Day
Three Counties Hotel, Belmont Rd, Hereford HR2 7BP
Presentations, 1-to-1 Advice, Drop-ins, Lots of stands



New rules on water use and abstraction – don't lose your previously exempt abstraction rights

Please see the attached flyer or click HERE for full details

Water abstraction rules have changed and most previously exempt activities cannot continue without an abstraction licence in place. Time is running short to secure a licence for previously exempt abstractions, which is why you need to apply now, in good time **before the 31 December 2019 deadline**. Full details **HERE** 

## Mud on the road – a reminder from the NFU

Make sure you are doing the right thing - for more information click HERE

"Mud on road" signs available to purchase

For more details click **HERE** 

# The end of Windows 7 – can you afford not to change?

Windows 7 is one of Microsoft's best-loved computing operating systems. Like all operating systems before it, Windows 7 will very soon reach the end of its lifecycle, as Microsoft will end support on **14th January 2020**. Find out more **HERE** 

# **AHDB Bridgnorth Monitor Farm – final meeting**

"Cultivating a positive future for Shropshire farmers and agronomists"

6<sup>th</sup> November, starting at 10am (lunch included)

Norton Village Hall, Norton, Bridgnorth, Shropshire TF11 9EQ

Looking at the last three years with Adrian Joynt, focusing on bringing all of the programme's findings together to make an altogether stronger farm business. Rob Fox (Squab Hall Farm, Warwickshire) and Martin Williams (MW Farming, Herefordshire) will provide commentary and physical/financial comparisons to their own businesses. Even if you haven't ever attended a Monitor Farm meeting the content will be relevant.

#### **Topics to include:**

- Can precision farming help your farm performance and profitability? At what cost
- How can farmers realistically build and maintain soil health?
- What does a profitable arable rotation look like?
- Reducing the variability of farm fixed cost
- What is the silver bullet to a low cost of production?

BOOK HERE Or contact Richard Meredith AHDB Knowledge Exchange Manager - West & Wales

Email: richard.meredith@ahdb.org.uk Tel: 07717 493015





A free social media workshop for farming and rural businesses in Herefordshire and Gloucestershire



# "Introduction to using social media to promote your business"

Ideal if you have little or no experience of Facebook or Twitter

Thursday November 7<sup>th</sup> 2019 9.30am - 12.30pm at Guiting Manor Farm, Winchcombe Road, Guiting Power, Glos, GL54 5UX

# At this workshop you will learn:-

- The benefits of using social media.
- What are the different social media platforms and what would work best for you? Facebook, Twitter, Instagram.
- How do you set up an account? Demonstration of how to set-up a Facebook account and a Facebook Page for your business.
- Creating interesting content ideas and time-saving tips.

#### Limited places and booking essential

To book your place please contact the Rural Hub: bookings@herefordshireruralhub.co.uk or telephone 01432 353465



Free workshop for farming and rural businesses in Herefordshire & Gloucestershire

"Digital Business development understanding the principles of developing good business practice online"

Thursday, November 14<sup>th</sup> 2019 7pm - 9pm at Agriculture House, Beech Business Park, Tillington Road, Hereford HR4 9QJ

#### Email:

- How do you set up a business email
- Setting it up in Outlook or equivalent
- Creating a professional image, setting up email templates and signatures
- Creating folders for emails and saving to local drives

#### **Cloud Storage:**

- The difference between Google Drive, One Drive, Dropbox, iCloud etc.,
- GDPR considerations when using online storage
- Backing up your system using a portable hard drive to create a backup on both Mac and Windows

Booking essential - contact the Rural Hub: bookings@herefordshireruralhub.co.uk telephone: 01432 353465



# AHDB Hereford Monitor Farm meeting - "Farming today. How are you coping?" Thursday 21st November 2019 1pm – 4.30pm (food included)

at Bishops Frome Village Hall, Bishops Frome, WR6 5AZ

While difficult circumstances such as weather, market volatility, peer pressure and parental expectations are often beyond our influence, much of our stress is actually within our own control <u>Martin Williams and Russell Price</u> will be joined by Professor Alan White from Leeds University, to help understand how you can take control of your stress and ensure that you are not adding to it unwittingly. The event is free to attend, but please register so we can plan catering accordingly.



BOOK HERE Or contact Richard Meredith AHDB Knowledge Exchange Manager - West & Wales Email: richard.meredith@ahdb.org.uk Tel: 07717 493015

BASIS & NRoSO points have been applied for.

Herefordshire Samaritans Christmas Fair Wednesday 6<sup>th</sup> November 2019, 10am – 3pm At Lyde Arundel, Hereford, HR4 7SN

Stalls, Refreshments.
Raffle to be drawn on the day
Entrance £5

All proceeds go to support Herefordshire Samaritans

# **Future Farm Technology Expo**

6<sup>th</sup> – 7<sup>th</sup> November <a href="https://www.fftexpo.com/">https://www.fftexpo.com/</a>

Three Counties Farming Conference

14<sup>th</sup> November <a href="https://www.farmingconference.co.uk/">https://www.farmingconference.co.uk/</a>

English Winter Fair 16<sup>th</sup> – 17<sup>th</sup> November

https://www.staffscountyshowground.co.uk/english-winter-fair/

Welsh Winter Fair

25<sup>th</sup> – 26<sup>th</sup> November <a href="http://www.rwas.wales/winter-fair/">http://www.rwas.wales/winter-fair/</a>

Farm Herefordshire

# "Managing your Stewardship Scheme"

Friday 29th November 2019 12.30pm – 3pm with lunch on arrival



**At Sherrington Manor Farm Broxwood, Leominster, Herefordshire HR6 9JR** (by kind permission D, A & A Thomas)

If you have applied for Countryside Stewardship you may be wondering what happens next.... If you're in Mid-Tier, or still waiting to hear, we want to help make managing the scheme easier!

**Join us on a farm walk to discuss:** - Managing low input grassland - Livestock record keeping requirements - Establishing & managing winter bird food mixes - Establishing & managing pollen nectar mixes - Managing buffer strips - Capital Works - Claim process - Evidence requirements.

Please book your place through Herefordshire Rural Hub

Email: bookings@herefordshireruralhub.co.uk or telephone 01432 353465

When booking, please give your SBI Number and either your AGREEMENT or APPLICATION Number



There is second stewardship management event planned for the New Year which will include traditional orchard management for anyone who also has those options in their scheme – details to follow

# Holme Lacy Campus Equine Department Dressage Competitions 2019 – 2020

**Sunday 17th November 2019.** *Entries close: 11<sup>th</sup> November* **Sunday 15th March 2020.** *Entries close: 9<sup>th</sup> March* 

Full schedule and entry form **HERE** Enquiries Tel: 01432 870017

# The Wye & Usk Foundation – Here to Help

# Here's an update on the projects we have running in Herefordshire!

- Natural Flood Management: Our advisers are still working with landowners in target catchments to help deliver NFM interventions. There is grant available to support delivery of recommendations and so far this has funded grassland aeration, subsoiling, cover cropping, attenuation ponds, hedge planting and leaky dams for the farmers that have already got involved! The target catchments are the Dulas, Bodenham, Pentaloe, Tedstone, Cheaton, Ridgemore, Yazor and Red/Twyford Brook. If you farm in one of the target catchments and would like to find out more please call one of our advisers or visit: <a href="https://www.herefordshire.gov.uk/info/200196/roads/345/flooding/6">https://www.herefordshire.gov.uk/info/200196/roads/345/flooding/6</a>
- Pesticides: Severn Trent Water are funding their STEPS Grant Scheme in the Wye for the first time this year. It is restricted to the Drinking Water Safe Guarding Zone which follows the main rivers so if you farm on the main stem of the Wye, Lugg or Frome and would like to improve a pesticide handling area or biobed/biofilter please contact Mike or Abi on the details below. STEPS is a competitive scheme and the application window opens in November. The scheme can also support biodiversity options like buffer strips, winter bird food and pollen mixes.
- ➤ Water Quality: The levels of phosphate in the rivers and streams is still higher than it should be and we are working hard to support local farmers to reduce losses from agricultural sources which still contributes 50% of the P in our rivers. We are able to provide free confidential farm advice for any yard or land management challenges you may be facing. We can provide soil structure assessments, OM testing, yard advice, stewardship advice... the list goes on!
- > Stewardship Schemes: We had a busy summer assisting with Stewardship applications this year we helped to apply for over £4million worth of field options and capital items which will provide for wildlife and deliver benefits to our rivers across the county.
- > Our Advisers: Kate, Mike, Lucinda, Tom, Jonny & Abi are all working across Herefordshire. We have two advisers working in the Welsh Wye. We now have three advisers for the Wye Valley AONB and Herefordshire Wildlife Trust Ben Nott, Rebecca Meredith and Claire Spicer.

For more information or to request a visit please contact one of the WUF advisers: Kate Adams (07766 330 959) Lucinda Lewis (07824 904 877); Mike Williams (07920 441 215); Tom Jolley (07545 253 155); Jonny Pugh (07825 743 447) Abi Croshaw (07990 068941); Ben Nott (07970 177319); Rebecca Meredith (07539 902681); Claire Spicer (07741 856770)

# The Jack Hughes Fund - administered by Herefordshire Community Foundation

From September 1<sup>st</sup> 2019 the Jack Hughes Fund has been extended to staff aged over 40 years working on a **Herefordshire** farm. The amount of funding available still remains up to a maximum of £70% of the course but has been increased to an overall maximum of £200.

# The programme is available for farmers and farm staff <u>aged</u> <u>over 40</u> (limited to one family member/employee per farming business per year).

It will specifically provide funds to support those who require:

- retraining or upskilling as they are leaving the industry
- training to support a new farm diversification enterprise
- training or business support for succession planning

# Funding will also be available for farm related training courses (examples below)

- Safe use of pesticides PA1, PA2, PA6
- Rodent control on farms
- Emergency first aid
- Food safety (Basic Food Hygiene)
- Chainsaw Maintenance & Cross Cutting (CS30)

Other courses will be considered on application

The funding is easy to access, but please note that the project will <u>not</u> support training retrospectively & places will be limited.

Applicants need to be resident in Herefordshire.

For further details or an application form contact:-

**Herefordshire Community Foundation** 

The Fred Bulmer Centre, Wall Street, Hereford, HR4 9HP. Email: administrator@herefordshirecf.org Phone: 01432 272550

Website: www.herefordshirefoundation.org

# The Prince's Countryside Fund

The Herefordshire Federation of Young Farmers' Clubs (HFYFC) working in partnership with Herefordshire Rural Hub have secured funding to provide support for training in a rurally based career to the end of December 2019. The funding is easy to access. All you need to do is select which course you would like to go on and complete the application form. If your application is approved you will be able to reclaim 70% of your training and test costs, up to a maximum of £250. Applicants must be a current member of HFYFC or a past HFYFC member (up to 40 yrs old).

The fund will support training that will; *improve your employability, increase or improve your skill set, improve your safety or allow you to undertake extra responsibility in your current job.* 

Some examples of training that has been funded so far:- B+E Trailer, Chainsaw Certification, Pesticide Applications, Shearing, Artificial Insemination, Tractor Driving, Forklift Truck Driving, Rodent Control and many more



Whatever training you are applying for, please ensure that you submit your application in good time before your course is due to take place, as training cannot be funded retrospectively.

For further details and an application form, contact:- Herefordshire Rural Hub CIC,
Agriculture House, Beech Business Park, Tillington Road, Hereford, HR4 9QJ
Email: admin@herefordshireruralhub.co.uk Tel: 01432 268 428

# **Herefordshire Federation of Young Farmers Clubs**

Fri 1st Nov County AGM, Green Farm, Felton, 7 for 7.30pm

Tue 5th Nov Orelton Bonfire Night

Wed 6th Nov Hereford Bonfire Night

**Fri 8th Nov** Junior Quiz, Stretton Sugwas 7pm

Mon 11th Nov New County Officers Evening 7pm

Public Speaking Entries due in by 9pm

Wed 13th Nov West Midlands Area AGM, Worcester 7.30pm

Fri 15th Nov AGRI Tenancy Training (NFYFC/SAVILLS)

YFC Centre 3pm

Sat 16th & Sun 17th Nov NFYFC English Winter Fair Live & Carcase Stockjudging Finals

Plus Staffordshire EWF Stockjudging (Sun)

**Thu 28th Nov** AGRI Talks to DEFRA Event, YFC Centre 7pm

**Sun 1st Dec** Public Speaking Day Competitions - Venue TBC

**Sun 8th Dec** HFYFC Christmas Fayre, Hereford Racecourse 11am-4pm

Fri 27th Dec Play Night

For more details visit <a href="www.hfyfc.org.uk">www.hfyfc.org.uk</a> or the contact the County Office Tel: 01432 274187 Email: countyadmin@hfyfc.org.uk

# St Michael's Hospice - Light up a Life

## Remembering family, friends and colleagues and reflecting on the times we spent together.

Light up a Life gives you the chance to celebrate their lives – by lighting a candle, placing a dedication in St Michael's 'Books of Remembrance' and, if you wish, attending one of the special events taking place throughout Herefordshire and the surrounding area. The full list of Light up a Life services can be found HERE

#### The Power of Social Media



By the time you read this article the Rural Hub will have hosted another helpful and supportive event free of charge for you, on how to get the most out of social media. Keep your eyes peeled for future events.

By way of example, the tractor and trailer complete with apples in the picture, was stolen a couple of weeks ago from Wormelow and was seen last heading into mid Wales. We know this because of Social Media. This picture I posted on Facebook had a reach of 27,000 people !! That's 27,000 sets of eyes looking out for stolen property potentially.

The Police Crime Commissioner for West Mercia, John campion, has invested further into policing rural and business communities by having 2 Police Officers across Herefordshire dedicated to work alongside Paul Crumpton, the existing Rural & Business officer.

Together, they will address key issues facing rural and business communities and also develop the **We Don't Buy Crime** approach. This is an exciting development within a Problem Solving Hub to ensure that prevention is at the foremost of our approach but also expanding the opportunities to engage with communities so that Police activity can be focussed on local issues. By the time you read this, the two experienced Officers will be in post and probably dealing with Poachers!!

Contact: **Paul Crumpton**, Rural & Business Crime Officer (Crime Prevention) HEREFORDSHIRE, West Mercia Police Email: **Paul.crumpton@westmercia.pnn.police.uk** Tel: **07773 044781** 

# The draft Wye Valley AONB Management Plan 2020-2025

has been published for a 10 week public consultation period **until 6th January 2020.**The Draft Plan and consultation details can be found **HERE** 

# **Herefordshire & Ludlow College**

Tel: 0800 032 1986 Email: enquiries@hlcollege.ac.uk Website: www.hlcollege.ac.uk

# All courses are held at Holme Lacy Campus, Holme Lacy, HR2 6LL

<u>Course</u>	<u>Dates in 2019/20</u>		
CS30 Chainsaw Maintenance & Cross Cutting 2 days + assessment	27 <sup>th</sup> – 28 <sup>th</sup> January		
CS31 Felling & Processing Trees up to 380mm 3 days + assessment	11 <sup>th</sup> – 13 <sup>th</sup> November 3 <sup>rd</sup> – 5 <sup>th</sup> February		
CS30/31 CM & CC, Felling up to 380mm 5 days + assessment	25 <sup>th</sup> – 29 <sup>th</sup> November 24 <sup>th</sup> – 28 <sup>th</sup> February		
CS38 Accessing a tree using a rope and harness 5 days + assessment	18 <sup>th</sup> – 22 <sup>nd</sup> November 9 <sup>th</sup> – 13 <sup>th</sup> March		
CS39 Aerial cutting of trees using free fall techniques 3 days + assess	30 <sup>th</sup> March – 3 <sup>rd</sup> April		
Chainsaw Maintenance & Operations – occasional user	5 <sup>th</sup> – 6 <sup>th</sup> December 23 <sup>rd</sup> – 24 <sup>th</sup> January		
PA1 Safe Use of Pesticides Foundation Module	14 <sup>th</sup> January		
PA6 Handheld Applicators 1 day + assessment	15 <sup>th</sup> January		
PA2 Ground Crop Sprayers 1 day + assessment	16 <sup>th</sup> January		
Tractor Driving 16+	29 <sup>th</sup> February – 1 <sup>st</sup> March		
Tractor Driving 13-16 year olds	20 <sup>th</sup> – 21 <sup>st</sup> February		

## **Courses arranged on demand**

CS32 Felling & Processing Trees over 380mm <> Ground based chainsaw refresher <> Safe Use of Brushcutters & Strimmers
PA Boom Sprayer Air Assisted <> PA6AW Handheld Applicators in or near Water <> ATV refresher
FLT Operations (Rough Terrain Telehandler) <> Safe use of pedestrian mower <> Safe use of ride-on self-propelled mower
Vertebrate Control (Rats & Mice) <> Safe Use of Aluminium Phosphide <> Safe Use of Manually Fed Wood Chipper

# **Wyvern Training Ltd**

Email: enquiries@wyverntrainingservices.com Tel: 07468 465 303 Website: <a href="www.wyvernts-ltd.co.uk">www.wyvernts-ltd.co.uk</a>
WTS are proud to be Bronze Sponsors of the Herefordshire Rural Business Advice Day on 20<sup>th</sup> November.

If you are going to be there, please come and talk to us.

Industrial Counterbalance Truck refresher	13 <sup>th</sup> November	
ATV Sit-in refresher	13 <sup>th</sup> November	
Rough Terrain Telescopic refresher	14 <sup>th</sup> November	
360 degree Digger training (3 days)	18 <sup>th</sup> – 20 <sup>th</sup> November	
Emergency First Aid at Work	3 <sup>rd</sup> December 17 <sup>th</sup> December	
PA1 Safe Use of Pesticides	5 <sup>th</sup> December	
PA6 Pesticides Hand held Applicators	6 <sup>th</sup> December	
Rodent Control on farms	10 <sup>th</sup> December	
PA4s Pesticides Slug Pellet Application	12 <sup>th</sup> December	
Abrasive Wheels	16 <sup>th</sup> December	
Chainsaw Cross Cutting & Maintenance (2 days)	16 <sup>th</sup> – 17 <sup>th</sup> December	
Chainsaw Cross Cutting & Maintenance refresher	18 <sup>th</sup> December	
Manual Handling (half day)	18 <sup>th</sup> December	
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Courses also planned – please call for details

Tractor Driving refresher (experienced drivers only) <> Driving on slopes <> Scaffold Tower <> MEWPs

# **7Y Training Services**

7Y Training Centre, Wharton Farms, Wharton, Leominster, HR6 0NX Contact: Paula Strangwood Email: paula@7ytraining.co.uk Tel: 07808 670110

<u>Course</u>	<u>Dates</u> (subject to change if numbers are low)	<u>Venue</u>
C&G Safe Use of Pesticides (PA1)	13 <sup>th</sup> November	Leominster
	13 <sup>th</sup> November	Harper Adams
C&G Knapsack Sprayer (PA6)	19 <sup>th</sup> November	Leominster
	15 <sup>th</sup> November	Harper Adams
C&G Ground Crop Sprayer (PA2)	Call for costs & dates	Leominster
	14 <sup>th</sup> November	Harper Adams
C&G Slug Pellet PA4s	12 <sup>th</sup> November	Hereford
	11 <sup>th</sup> December	Harper Adams
C&G Chainsaw Cross Cutting & Maintenance	Call for costs & dates	Leominster
C&G CS30/CS31	18 <sup>th</sup> – 22 <sup>nd</sup> November	Harper Adams
Brushcutters & Trimmers	4 <sup>th</sup> November	Harper Adams
ITSSAR Rough Terrain Telescopic Refresher	18 <sup>th</sup> December	t.b.c
First Aid at Work	27 <sup>th</sup> – 29 <sup>th</sup> January 2020	Leominster
Emergency First Aid at Work	9 <sup>th</sup> December 9 <sup>th</sup> January 2020	Leominster
First Aid at Work refresher	20 <sup>th</sup> & 21 <sup>st</sup> January 2020	Leominster
Level 2 Health & Safety in the Workplace (CSCS card)	2 <sup>nd</sup> December	Leominster

Contact Paula (details above) to register your interest, and find out more about the following courses:-

ATV Sit-astride Quad Bikes <> ITSSAR MEWP Cherry Pickers <> 360 Elevator (below 5 tonnes) <> Working at Heights Manual Handling (am), Fire Awareness (pm) <> ITSSAR/Lantra Counterbalance & Rough Terrain Telescopic Confined spaces <> Driver Certificate of Professional Competence (CPC)

# Are you unsure about details of rules or regulations? Need help with understanding record keeping?

- Farming Advice Service Email: advice@farmingadviceservice.org.uk website: www.farmingadviceservice.org.uk
  The Rural Services Helpline 03000 200 301 provides a single number for all Farming Advice Service, Rural Payments Agency or Animal and Plant Health Agency (AHPA) enquiries. It is open from Monday to Friday, 8.30am till 5pm.
- Natural England 0300 060 1115 enquiries@naturalengland.org.uk
- Environment Agency Sharon Chisholm (Mon, Tues, Weds) Tel: 02030 251692 Email: sharon.chisholm@environment-agency.gov.uk
- N.F.U. (Herefordshire) Clare Greener Tel: 01432 807464 Mob: 07771 626080 Email: Clare.Greener@nfu.org.uk
- C.L.A. (Midlands) Helen Dale Tel: 01785 337010 Email: helen.dale@cla.org.uk
- > Animal Health & Trading Standards (Herefordshire) Tim Barber Tel: 01432 383145 Fax: 01432 383169

# Could you or someone you know benefit from support:-

- Farming Community Network 03000 111 999 website: http://www.fcn.org.uk/
- Royal Agricultural Benevolent Institution (RABI) 0808 2819490 website: http://www.rabi.org.uk/
- **Borderlands Rural Chaplaincy** 07966 927404 website: www.borderchaplain.org
- You Are Not Alone (YANA) 0300 323 0400 website: www.yanahelp.org/
- Farming Help 0845 367 9990 website: www.farminghelp.org.uk/
- Addington Fund 01926 620 135 website: www.addingtonfund.org.uk/
- ➤ Herefordshire Samaritans website: www.samaritans.org/branches/herefordshire-samaritans
- Carerstrust 4 All Hereford CarerLinks 01432 663057 website: www.carerstrust4all.org.uk

# Copy deadline for the next newsletter is 15th November

If you no longer wish to receive this newsletter, please contact Frances at Herefordshire Rural Hub
Email: admin@herefordshireruralhub.co.uk